

## Walkathon '96 is coming



THE  
OTTAWA  
JEWISH

# Bulletin



The past is our legacy,  
the future our promise

MARCH 25, 1996

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5 NISAN, 5756

## Victims of terrorist acts are remembered

By Estelle Melzer  
and Myra Aronson

The Jewish community of Ottawa came together on March 7 at Beth Shalom Synagogue for a memorial service to commemorate the deaths by terrorist bombings of 59 innocent people in Israel in the previous two weeks. A scant four months ago the community had gathered together in the same sanctuary for a memorial service for another Israeli victim of senseless violence, Prime Minister Yitzhak Rabin.

That memory was present in the minds of many as once again they tried to deal with their horror and, for some, a sense of unbearable grief. People greeted each other with a shake of the head and lowered glances. Everyone's heart was focused on the victims, whose names and ages were listed on a paper handed out to the audience.

Jewish Community Council President Lawrence Greenberg set the tone of the gathering by reminding the crowd of "... the Jewish belief in the inherent dignity of every human being. Each life lost is a communal and personal

tragedy with its own story." He then proceeded to tell some of these stories, as did subsequent speakers, making the names real.

Then, as the audience read out the names of the dead, 59 Ottawa youth from the local Jewish schools proceeded up the aisle. The horror of the sheer number of the victims was impressed upon the audience by the seemingly endless stream of young people. They gently placed 59 shiva candles on the bimah which flickered throughout the ceremony.

Eli Yerushalmi, chargé d'affaires for the Embassy of Israel began his short address by noting that, no matter what our political views, we are now all together in fighting against those who would kill Jews and seek to destroy Israel.

He stated that the Palestinian Authority must show it wants peace and must take "extreme measures" to curb Hamas. It must also, once and for all, abolish the covenant calling for the destruction of Israel.

He went on to state: "In this war, we

will seek the cooperation of every civilized country in the world. We are pleased that the government of Canada declared its intent to join us in combating terrorism, cutting its financial support and cooperating with other countries in this battle."

Ottawa Shlichah Rachel Moran introduced the most personal note of the evening when she talked about her feelings as an Israeli. She remarked on how difficult it is to carry on a "normal" life when life in Israel could end in an instant. In a voice choked with emotion, she said, "Just imagine how many orphans are left behind because their parents had gone to the bank at the wrong time."

"What of the victims?" she went on. "One minute happy, laughing, playing children with a future and the next minute ... nothing!"

She concluded with typical Israeli resolve: "Life goes on. We must go on and this is what we are going to do!"

Rabbi Reuven Bulka, who delivered the eulogy, again reminded the audience that these 59 victims were not merely

statistics but real people. As he related some of their stories, many in the audience wept.

He then told the audience: "Rabbis, when dealing with those who have experienced a death in the family, tell the bereaved not to give up. We also tell family and friends not to stay away."

He urged the audience not to compound the tragedy by staying away from Israel.

He concluded his remarks by stating: "Just to live in Israel is to be a hero ... they do not let fear overcome them. Already the shattered Bank Leumi in Dizengoff Centre is open to the public. And yes, Bus No. 18 will ride again, and again, and again."

The service included the Recitation of Psalms by Rabbis Ely Braun, Mordecai Berger and Steven Garten. Rabbi Howard Finkelstein recited a Special Prayer for the 250 Injured and Rabbi Arnold Fine recited the Prayer for the Welfare of the State of Israel. Cantor Stephen Chalet chanted the Memorial Prayer and Cantor Pinchas Levinson led the community in reciting Kaddish.



(Courtesy Little, Brown and Company, Publishers, New York, N.Y. and London, England)

## Wishing you a happy Passover



## COMMENTARY

# Mourning the loss of 59 human beings



## VAAD REPORT

LAWRENCE GREENBERG  
PRESIDENT, VAAD HA'IR

Some four months ago, on November 6, 1995, our community gathered to mourn the loss of a soldier and statesman, the prime minister of Israel, Yitzhak Rabin. On March 7, we gathered once again in sorrow to mourn the loss of 59 human beings - Israelis, Americans, Russians, Romanians, Ethiopians - all who have been killed by terrorist suicide bombers in Israel. While the victims are less known than the assassinated prime minister of Israel, each and every loss of life is a tragedy in and of itself.

The pain that we feel at the senseless, random violence is dulled by a sense of bewilderment. How can there be such little value placed on the lives of human beings? How can demented minds twist political objectives into suicide bomb attacks? How can we reconcile our Jewish values that entreat us to protect the rights of others when we need to ensure Israeli lives are not at risk in the state of Israel?

These are difficult questions with less than definitive answers. What we must rely on, and what may give us solace at this time, is our Jewish belief in the inherent dignity of each and every human being; in our collective tradition of gathering together to pray for the speedy recovery of those who have been injured; and mourning the loss of members of our Jewish people.

In Israel, there is profound sadness. Many Israeli school children will remember 1996 as the year without Purim. In Jerusalem, Tel Aviv and across Israel, synagogues and schools cancelled their annual Purim parties. Israelis rushed to news stands to check

whether they knew of someone who had been killed or injured. Even people with no ties to any victims were affected by front page photos and TV coverage of soldiers, parents, school children and grandparents who were killed in the bomb blasts. Each loss of life is a communal and personal tragedy with a story.

On their first outing without parental supervision, Kobi Zaharon and Yovav Levi, both 13, had a good time roaming the Dizengoff Centre shopping mall in Tel Aviv, but they never made it home.

Gavriel Shamashvili heard the terrible news that a close relative, Simon Tarakashvili, had been killed in the first No. 18 bus bombing in Jerusalem. Exactly one week later, Shamashvili himself was killed when another No. 18 bus was blown up in the heart of Jerusalem. A Soviet immigrant who arrived in Israel four years ago, he leaves a wife and two children, ages 14 and 16.

Gidi Taspanish, a 23-year-old from Ethiopia, who was living in Israel on a tourist visa, was in a rush Sunday morning. Hurrying to her job as a nanny in the Givat Ze'ev neighbourhood of Jerusalem, she boarded the ill-fated bus and was killed when it was blown up.

Anna Shingeloff, another immigrant from the former Soviet Union, could not believe her luck last week when she barely missed boarding the first No. 18 bus. The mother of two young daughters, ages 2 and 9 months, Shingeloff, 36, was again on her way to work when the bus exploded and killed her instantly.

And the list goes on, 59 victims, 59 families.

Our community stands behind Israel in this time of need. Our thoughts and prayers are with the families of the victims and all Israelis. We hope and pray the terrorism will cease and that Israel will enjoy the security that we expect to come with peace.

# Community leader Tom Sachs dies at 103



Tom Sachs

On Sunday, March 3, 1996, the Ottawa Vaad Ha'ir's oldest past president, Thomas Sachs, passed away at 103.

Over 51 years ago, Sachs was acclaimed the Vaad's second president, succeeding A.J. Freiman who had died suddenly while still in office. Sachs was a fitting choice as he had worked tirelessly to establish the Vaad and, for the 10-year duration of Freiman's presidency, had stood at his side as vice-president.

Sachs was born in Saden, Lithuania, in 1892. When he was five, his family immigrated to Canada. His childhood years were spent in Toronto until 1909 when he and his brother Max opened up a scrap materials business in Montreal. Two years later, Sachs Brothers moved its operations to Ottawa.

Ironically Sachs died on his father's Yartzheit. Only a child when his father passed away, this would have been a record 90 years of reciting Kaddish as a Bar Mitzvah.

Among his many communal endeavors, Sachs served three terms as president of Agudath Achim Congregation and was a key figure in the merger talks between that shul and Adath Jeshurun which led to the establishment of Congregation Beth Shalom.

In 1983, Sachs was the recipient of the Gilbert Greenberg Distinguished Service Award, this community's highest honor.

Active until just a few months ago, Sachs, ever the gentleman, was known to doff his hat in greeting to ladies as he walked to and from daily mincha and ma'ariv services at Beth Shalom.

At a kiddish luncheon held at the shul sponsored by his family on the occasion of his 100th birthday, some people overheard him saying: "I think I'm going to move out of this community." When asked why, he paraphrased the famous Groucho Marx remark: "I wouldn't want to belong to any group that would honor me!"

For longer than most people can remember, Sachs presented each graduate of the community's Jewish schools with a book. Recently he remarked that he was going to stop this tradition because years ago, he knew all the kids and their families and they would all send thank you notes. Now he didn't know the kids or the parents, and no one said thank you anymore.

At his funeral, Rabbi Ely Braun ended his eulogy by relating this story and then concluded with the remark: "On behalf of all of us, for many decades of service to this community - thank you, Tom Sachs."

# Finding the "right words" to tell the Passover story

In a little more than a week, Passover, which celebrates the Exodus from Egypt of the ancient Israelites, begins.

The name *Passover* is taken from the Exodus story; during the tenth and ultimate plague inflicted on Pharaoh to break his will, God passed over the Israelites and struck down only the Egyptian first born. That night Pharaoh finally agreed to let the Israelites go; and ever since then, we Jews gather together on the 15th of Nisan to commemorate that time and to contemplate the myriad themes explicit in the Passover story.

Though there are many important commandments associated with Passover, central to an understanding of this festival is the commandment *Ve-Higadeta Le Vincha* - you shall tell your child (about the Exodus). Every generation must tell the next generation about this magical night and its lasting power; and every generation is commanded to tell the story as if they themselves had been freed from Egypt. It is through this interpretive retelling that each generation transmits the essential truths of our heritage.

This transmission occurs at the seder table as all parents realize that they are obligated to tell the story in a meaningful way to their children. In order to be understood, parents must find the right language; that is, they must communicate using the words of the younger generation and not rely solely on their generation's terminology. This is why it is imperative to choose a Haggadah that speaks to the next



## FROM THE PULPIT

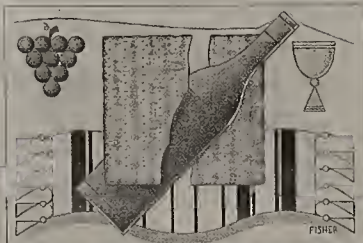
RABBI STEVEN H. GARTEN  
TEMPLE ISRAEL

generation as well as to the present generation.

While the story stays the same, the language, the interpretation, even the presentation, all can vary with a particular Haggadah. The number of Haggadot available is enormous. There are Haggadot which represent not just our three main religious perspectives, but those that speak to different political perspectives, different lifestyle choices, different tolerances for creativity and different levels of Jewish literacy. This year, let the medium be the message. Let how you tell the Passover epic be as important as the story itself.

Passover is a tale without end. It is successfully retold each and every year because each generation has found this phrase from the Haggadah to speak to the essence of our people's survival: "Whoever expands upon the story of the Exodus deserves praise."

May you and your families find just the "right words" to expand upon the story of Passover and thereby teach your children and grandchildren the never-ending tale of our redemption.



## Pesach 1996/5756

Thursday April 4  
through  
Thursday April 11  
First Seder:  
Wednesday, April 3

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## ORGANIZATIONS AND PEOPLE

## Community says move to Broadview!

By Cynthia Nyman Engel

It's unanimous: Chapel Street is no longer a viable location for the Jewish Community Centre; the Broadview Ave. Campus is the ideal site for the proposed new state-of-the-art community facility.

Opinion on this fundamental issue was universal among participants in Focus Group meetings held during the three week period, January 24 to February 15.

Over 800 people responded to community-wide invitations issued jointly by the Community Development Commission and the Jewish Community Centre to attend one of 50 meetings held in 50 private homes across the city. The object: to discern what this community wants and needs in a new Jewish Community Centre.

The undertaking was major. First the community was divided demographically, then further subdivided into age and stage groups. The next step was procuring host homes in the various neighbor-

hoods.

Each group was presented with an identical questionnaire; discussion was led by a facilitator with a JCC staff member present to record comments and catalogue the votes.

Mandated to identify the Jewish community's wishes in the provision of programming and services, the gatherings also attempted to determine the financial level to which people would commit to support the new JCC. The results, currently being tabulated, will determine much of what the new complex will offer.

Jewish Community Centre Board President Ron Prehogan is delighted with the outcome of the process.

"It is very important for us to get a feeling for what the community wants and needs in a new JCC," Prehogan said.

"Enthusiasm for the project is running high. And to the best of our ability, we're going to deliver the majority's requests," he added.

Ann Lynn Lipton, Jewish Community Centre executive director, concurs.

"The encouraging turnout and the responses we received to the questionnaire will give us an indepth overview of what everyone, from young parents to teens to seniors, from old-guard Ottawans to newcomers to the community, expects and is entitled to from the new JCC," she said.

Comments recorded at the meetings indicate the planned structure is infusing the community with renewed spirit. The prevailing opinion is that, as a community, we have the following needs:

- An attractive, inviting facility in a central location where Jews of all ages can meet, greet, visit and interact with one another.

- A place for Jewish teenagers to keep them grounded in the Jewish community.

- A place where seniors can spend a happy, meaningful day in a safe location.

- Quality, structured experiences and programming for our children; quality,

structured programming for adults.

- A modern, appealing building that is wheelchair and handicap accessible.

- An in-house snack bar and/or other kosher eating facilities.

- A warm and welcoming community hangout complete with health facilities, meeting rooms and a lounge.

The prevailing opinion, also, is that a new Jewish Community Centre located on the Broadview Campus will answer all those needs and many more.

Probably the most perceptive comment came from a 12-year old girl who accompanied her parents to a Focus Group meeting. The youngster sat listening to the adults, then quietly observed: "When the Campus is all built, when Hillel Academy, the JCC and Hillel Lodge are on the same block, my grandmother will need to go to live in Hillel Lodge. And on a Sunday I could go to visit her and we could have lunch and a swim together."

"Wow! That would be really cool," she smiled.

## Passover message from Canadian Jewish Congress National President Goldie Hershon

As we prepare for Passover and the first seder, it is vital for us to remember that this "Festival of Freedom" is all about one of the paramount events in Jewish history: the Exodus of Jews from Egypt which led to the birth of the Jewish nation.

While the story of Passover dates back more than 3,000 years, it is important that we never forget the escape of the Jewish people from treacherous conditions in Egypt. Some might not agree, but I believe that we are fortunate to be living in interesting times. The conditions which existed when King Pharaoh issued the cruellest of laws towards Jews are fortunately long gone. We have a strong State of Israel and a devoted Diaspora leadership to thank for that. However, we must remember that it was only a few years ago that the gates of the former Soviet Union flew open and Jews there were permitted free emigration to Israel. The same can be said for Ethiopia and Syria.

In Israel, our brothers and sisters face great challenges. It is incumbent upon us in the Diaspora to support them by being a united community standing firmly behind the



Goldie Hershon

only truly democratic country in the entire region. If we live as proud Jews today, it is no doubt due in very large part to what Israel has done for us. We owe a tremendous debt.

Domestically, we are working very hard towards the promotion of a united Canada. Incidents of racism and anti-Semitism continue to trouble us while the dossier dealing with the prosecution of Nazi war criminals has not achieved the necessary results at a time when both suspects and witnesses are getting older and even dying.

As you sit down at the seder table on Wednesday, April 3, think about the past, concern yourself with the present and help us work towards a strong Jewish presence with its hallmark of justice and morality in Canada and around the world in the days, months and years to come.

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# Anne Frank REMEMBERED



Not to be missed, *Anne Frank Remembered* is an emotionally shattering documentary. Whether you've read Anne Frank's diary or not, you will be riveted by this carefully detailed, restrained account of her life. There have been other documentaries about Frank, but this one is distinguished by being the first made with the cooperation of the Anne Frank House, the first to include interviews with people who knew her, and it includes the only known film footage of Anne herself. Director Jon Blair's organization of the visual material, narration and editing draws you inexorably into Anne's brief and brave life. Bring tissues."

— Barbara Seigel, *Now Magazine*

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## ORGANIZATIONS AND PEOPLE

### Ottawa chapter of Coalition of Jewish Women for the Get

By Robin Mader

An Ottawa chapter of the national Coalition of Jewish Women for the Get was launched at a steering committee meeting in early March. The local chapter will help Ottawa to plug into nation-wide activities undertaken to help *agunot*. An *agunah* is a Jewish woman who is unable to obtain a *get* (a divorce according to Jewish law) from her husband.

In March 1995, the Coalition hosted a national educational retreat to which representatives from local chapters of national Jewish women's organizations were invited. Three Ottawa representatives attended the retreat, from Hadassah-WIZO, Emunah and Jewish Family Services. The aim of the retreat was to encourage cities which had not yet formed local chapters to do so.

Attending the steering committee meeting were: Toby Yan and Robin Mader (who had both attended the March retreat), Marlene Cherun (Jewish Family Services) and Diane Koven (JCC). The meeting was held on *Ta'anit Esther*, the Fast of Esther, a date chosen by the national Coalition as appropriate for commemorating the plight of the *agunah*.

The purpose of the Coalition in general and of the local chapter in particular is to provide

support and a voice for *agunot*, many of whom feel isolated, vulnerable and helpless because of their situations. In some cases, the husband may also be physically or morally abusive. Without the help and support of the community, the situation of the *agunah* may persist indefinitely.

One of the goals of local chapters is educational: to inform the public, and in particular lawyers working with divorce cases, of recently passed federal legislation which gives power for legal sanction when either marital partner-refuses to cooperate in removing barriers to remarriage. In addition, the Coalition lobbies on behalf of individual *agunot* and tries to mobilize the Jewish community to expose and shun men who refuse their wives a *get*. A help line has also been created in many cities across North America to provide immediate and confidential support.

A meeting will be held on Tuesday, May 7 at the JCC to take the next steps to formally organize the Ottawa chapter. Representatives from synagogues, all national Jewish women's organizations and other appropriate groups will be invited. Anyone who is interested in learning more about this issue and/or in becoming involved or helping in any way should contact Robin Mader (728-8561).

### Teamwork skills covered by Ottawa Hadassah-WIZO

By Vivian Astroff

How to turn "meeting madness" into a constructive team effort was among the many topics covered at Ottawa Hadassah-WIZO's recent all-day leadership development seminar.

Dr. Annalee Cohen of Halifax, a national executive member of Hadassah-WIZO, led the participants through lively discussions about managing conflicts and case studies applying to their organizational work.

Many useful tips emerged. For example, when holding meetings:

- Use a facilitator. In meetings with numerous strong-minded and vocal individuals, appoint a facilitator to remind the chair of the time and keep discussion on track, while the chair concentrates on presenting business issues.

- Hottest items first. Start with the business that needs decisions while people are most attentive.

- Start and end on time. Begin when you have a quo-

rum; this will not reward late-comers. A crisp ending will show busy people you respect their time.

- Share the agenda. Hand out an agenda with time and outcomes or results for each item. Outcomes can be decisions, information sharing, action plans and so on.

- End with unity. Some issues unite while others divide.

To manage areas of conflict, Cohen suggests the "what would it take" technique. "Ask members who are opposed to the majority view to state what it would take for them to live with the decision, then try to incorporate their suggestions or concerns."

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Jewish Immigrant Aid Services (Canada)  
National Scholarship Committee  
4600 Bathurst Street, Suite 325  
Willowdale, Ontario M2R 3V3
4. Awards will be announced in late May 1996.

### OBE students study archeology in Israel during summer

Last summer, a group of Ottawa high school students enjoyed a unique experience digging at the ancient site of Bethsaida, northeast of the Sea of Galilee on the slopes of the Golan Heights.

Their summer adventure took them for three unforgettable weeks to Israel. It all started when the students registered for the Archeology 3A course offered by the Ottawa Board of Education. The course, which gives students a senior social science credit, was written and is taught by Mina Cohn, an archeologist and the director of Archaeological Encounters. She also accompanies the students for their hands-on experience on the dig site.

According to participant Anna Stanly: "The trip was an incredible experience and, speaking for the whole tightly bonded group, we became, in three weeks, culturally and personally enriched in a way that could never have happened in any of our other high school courses."

The day began at 5:00 am with a wake-up call, followed by a bus ride to the dig. Work began at 6:00 am and continued until 12:30. The students returned to the kibbutz for lunch and the traditional siesta, after which they enjoyed activities such as pottery, kayaking down the Jordan River, swimming in the Olympic-size pool or hiking along the trails to nearby sites. After supper, there were lectures given by world-renowned scientists.

Before joining the expedition and on weekends, the students had ample opportunity to visit all of the popular tourist sites in Israel.

"We all got much more than we ever expected from this wonderful course," said Ayda Eke. "I wish we could get all our credits that way."

This course will be offered for the second time this July.

For registration and information, call André Montreuil at the OBE (239-2399) or Mina Cohn (839-5516).

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## ORGANIZATIONS AND PEOPLE

## Message from Sid Kardash, chair, United Jewish Appeal

This is the time of year when the message from the United Jewish Appeal chair contains the usual best wishes for the forthcoming Passover holiday with its traditional themes of liberation, national destiny, miraculous events and divine interaction. Along with these sentiments are the expressions of hope for continued progress for our own community and for Israel.

But Passover, as vital and important as it is, cannot exist without the linkage to yet another holiday that precedes it by a month: I am referring to Purim. So important is this linkage that a substantial portion of the Talmud Megillah is devoted to discussions on when the Megillat Esther must be read so as not to conflict with the event of Passover some 30 days later. So now, whenever I celebrate Passover, I always give a fleeting thought to the Purim that preceded this holiday. But this year, there will be no "fleeting thoughts". There will be no whole-hearted feeling of joy, solidarity, celebration and appreciation of those great historic events commemorating the liberation from Egypt.

For now, after Purim 1996, Jewish life for us has taken a dramatic turn; for the first time that I'm aware, the enemies of

the Jewish people dictated changes in our halacha governing the celebrations of Purim. This was not due to the deliberation of scholars or by submissions and discussions of learned opinions and debates so beautifully offered by our sages in the Talmud; nor was it by mutual consent or by time-tested custom as it has been in the past. Instead, the halacha of

Purim governing the merry-making, costume parties and that wonderful chaos surrounding our synagogue as adults



Sid Kardash

and children alike truly celebrate, was shattered by the terrible events in Israel that very day.

Children dressed in Purim costumes, men and women on their way to and from work, shoppers, soldiers on leave - so many Jewish lives lost to terror and madness. How could I telephone those families on Purim day, after receiving shalach manot and wish them "Chag Sameach". I could not because my pain, my anger and my grief were too much to consider this day a day of "simcha".

But this has now passed although the memory will always remain, on this Passover and all other Passovers. We must go on, to continue to rebuild, to strengthen our resolve to complete our tasks and do what we must do. Our resolve for the United Jewish Appeal Campaign is just that: to uphold our resolve, to complete our tasks, to continue to hope. And yes, to celebrate, once again, with joy just as it is written in Megillat Esther, "that they should make them days of feasting and gladness, days of sending choice portions to one another and gifts to the poor".

Wishing you and your families a joyful Pesach.

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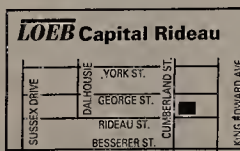
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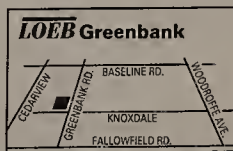
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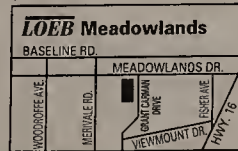
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A Maccabi Canada gala dinner for Jean Beliveau will be held Tuesday, April 2, 1996 at the Queen Elizabeth Hotel, Montreal. Maccabi Canada's Ottawa Region, in cooperation with the JCC, will be joining in this tribute to a sports legend and great humanitarian.

Montreal Canadiens hockey legend Jean Beliveau was Maccabi Canada's chef de mission for the 1985 Maccabiah Games. One of the all-time great hockey players, Beliveau possesses a rare blend of humility, humanity and integrity. In his recent autobiography, he fondly recounts his experience walking into Ramat Gan stadium as head of delegation. Although he never made it on the Canadian team to play the Russians or in the Olympics, the Maccabiah experience as a member of the Jewish "family" remains a thrilling moment. Beliveau has agreed to accompany the team again for the 1997 Games.

There will be an estimated 700 people at the dinner including guests from most professional sports teams in Montreal. Tickets are \$300 or \$2,500 for a table of 10 (charitable receipts will be provided) and are available directly from the Maccabi Canada Montreal office (514-731-0583; fax 514-342-6662) or by calling Jon Braun at the JCC (789-1818).



## ORGANIZATIONS AND PEOPLE



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The Tamir Foundation acknowledges with sincere thanks the following donations which were received as of March 3, 1996.

### Mazal Tov to:

Miriam Cherry on her 60th birthday by Anne Blair; and by Morris and Shelley Schachnow.

Nellie Cohen on her 80th birthday by Doris and Joe Hoffman.

Bernice and Bobby Feller on Seth's engagement by Ethlyn, Barry and Sarah Agulnik.

Mr. and Mrs. Louis Friedman on the birth of their grandson, Jamie Howard, by Bill, Phyllis, Jordan and David Leith.

Bob and Leah Gencher on Simon's engagement to Elissa by Phyllis, Bill, Jordan and David Leith.

Dena and Herb Gosewich on the birth of their grandson by Nordau and Roz Kanigsberg.

Moe Kardish on his 75th birthday by Eileen, Alan, Melissa and Joshua Cohen; by Max and Ellie Greenberg and family; by Avie, Cathy and Chloe Kerzner; and by Jerry and Lily Penso and family.

Mr. and Mrs. Jonathan Morris on the birth of their son Jamie Howard by Bill and Phyllis Leith.

Evelyn and Norman Potechin on their 50th wedding anniversary by Lynn and Brian Keller; and by Norma and Seymour Miller.

Sidney Shapiro on his birthday by Martin and Thea Ginsburg.

Stan and Linda Shiff on Dana's Bat Mitzvah by Karen and Murray Osterer and family.

Rae Singerman on her special birthday by Martin and Thea Ginsburg.

David Smith on being the recipient of the Order of Canada by Gloria and Arni Faintuck.

Katherine Strauss on her Bat Mitzvah by Marv, Reta, Stephanie and Jonathan Avery.

Lillian and Mark Zunder on the birth of their granddaughter by Bill and Phyllis Leith.

### Refuah Sh'lemah to:

Sheila Blackstein by Fred and Esther Ballon and family.  
Son of Sharon and Paul Finn by Nordau and Roz Kanigsberg.

Miriam Gordon by Doris and Joe Hoffman.

Issie Landau by Gloria and Arni Faintuck; by Dena and Herb Gosewich; by Nordau and Roz Kanigsberg; and by Judy and Norman Tenenbaum.

Lillian Taller by Gloria and Arni Faintuck.

Ben Wald by Dena and Herb Gosewich.

### In Memory of:

Dr. Murray (Buddy) Epstein by cousins Bill, Phyllis, Jordan and David Leith.

Brother of Marcelle O'Hayon by Morton, Sheila, Stephanie and Harland Tanner.

Dr. Eric Stulberg by Leo and Shirley Weiner and family.

Donation cards, minimum \$10.00, can be purchased by contacting Reba Diener, 2010 Woodcrest Road, Ottawa, Ontario, K1H 6H8 (733-5155) or Lily Penso (725-1846).

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## Norman Spector, guest speaker at Annual Dinner, Ottawa Post

By Melville M. Goldberg

The Ottawa Post of the Jewish War Veterans of Canada has announced that the guest speaker at its forthcoming annual dinner will be Norman Spector, Canada's former ambassador to Israel. The dinner will take place at 6:30 pm, Tuesday, May 21, 1996, at Machzikei Hadas Synagogue, 2310 Virginia Drive.

Spector has served Canada throughout a long career of increasingly distinguished positions. Armed with a doctorate in political science from Columbia University and a master of science which he earned as a Newhouse Fellow at Syracuse University, Spector entered government service with the Province of Ontario in 1975.

His career next led to British Columbia where he served as deputy minister in the Office of the Premier from 1982 to 1986 and

from where he was summoned to the federal public service, first as secretary to the Cabinet and then, in 1990, as chief of staff in the Prime Minister's Office.

In 1992 he was named ambassador to Israel. Last July Spector returned to Canada to take up his present post as president of the Atlantic Canada Opportunities Agency.

Spector is eminently qualified to bring an incisive and well-informed view of Israel's current problems and the state of Canada's formal relations with Israel.

As the dinner is an Ottawa Post function, priority will be given to members, however the community is welcome, subject to available seating. Couvert is \$35.00 a person and reservations can be made by calling Arnold Greenberg, dinner chair (820-7812).

## Conference celebrates 75th anniversary of World WIZO

By Marion Mayman

The January 1996 Hadassah-WIZO Canada Mission to Israel included the World WIZO Conference, visits to many of the federation's projects and a side trip to Jordan.

World WIZO has federations in 52 countries around the world, including Canada. Every four years a conference is held in Israel, with representation from each of the affiliated countries. This year's conference celebrated the 75th anniversary of World WIZO.

The opening ceremony took place at the Mann Auditorium in the presence of Prime Minister Shimon Peres. Conference speakers included The Honourable Sheila Finestone from Canada; Simone Veil from France; and Yael Dayan, Haim Ramon and Dan Meridor, members of the Israeli Knesset.

Following the conference and a trip to Jordan, the Canadian delegation spent five days in Jerusalem. The first stop was at Rabin

Square where Yahrzeit candles were lit in memory of the late prime minister. Later in the week the group went to Har Herzl to visit Rabin's grave.

Visits were made to a number of the projects supported by WIZO, including Hadassim, the Blanch-Wiesenthal Day Care Centre in Jaffa; Assaf Harofeh Hospital; and Nahaial, Hofim and Hadassah Hospital. The delegation also met with Prof. Reuven Feuerstein. Together, Hadassah-WIZO Canada and Prof. Feuerstein have been successful in transforming the lives of countless youngsters including autistic and developmentally challenged children and those with cerebral palsy.

Hadassah-WIZO continues to play an important role in the lifestyle and well being of thousands of Israeli women and children. Obviously, the work of Hadassah-WIZO Canada is as important today as it has been for the past 75 years.

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## ORGANIZATIONS AND PEOPLE

### Vaad Ha'ir & Now

By Mitchell Bellman  
Director of Community Relations

#### Young Women's Leadership Gala

The Young Women's Leadership Council of UJA is holding a fundraising gala at Centrepointhe Theatre on Thursday, March 28 at 7:00 pm. The gala will feature performances from members of our community including Jory Steinberg, Jay Jacobson, the Courriers, the Israella Singers, Deborah Davis and Saul Jacobson. Tickets are \$35 and are available at Centrepointhe Theatre or by calling the UJA office (789-7306).

#### Letter from Rwandese Community

The following letter was sent by the President of the Rwandese Association of Ottawa to the Vaad Ha'ir in the aftermath of the series of terrorist bombings in Israel:

"The members of the Rwandese Association of Ottawa would like to offer their condolences to the Jewish community and to express sadness about the ruthless killing of innocent Israeli civilians by Hamas terrorists in the past two weeks. This should indeed strengthen our efforts to work together and fight those enemies of peace.

Both Rwanda and Israel share a tragic past, and the Rwandese community in Ottawa shares the Israeli view that peaceful negotiations are the only solution to today's international conflicts (such as the Middle East crisis). However, there is a limit to how much Israel can tolerate the terrorist actions of Hamas against its people. That is why the whole world should join forces to speak against such enemies of peace. We are more determined than ever to support Israel, in any way possible, to achieve peace and freedom for the Israeli people."

#### Annual General Meeting

The Annual General Meeting of the Jewish Community Council/Vaad Ha'ir will be held on Tuesday, June 4, 1996. Although it had been previously advertised for the following night, the date was changed due to a conflict on the community calendar. At the meeting, the Vaad will present its annual report, install its new executive and board of trustees, bid farewell to Eli Yerushalmi, Israel's chargé d'affaires, and present the Gilbert Greenberg Distinguished Service Award and the Freeman Family Young Leadership Award.

#### Shalom Ottawa

The Ottawa Jewish Community Cable TV show, Shalom Ottawa, will air on Sunday March 31 at 3:00 pm and will be repeated on Monday April 1 at 6:00 pm. The show will feature an interview with Julius Ciss, director of the anti-cult group Jews for Judaism, a day in the life of Akiva High School, and a report on the focus groups held recently to consult the community on what programs and services should be available in a new JCC.

### Eli Yerushalmi to be honored by Beth Shalom West

Mark Sunday, May 12 on your calendar as a night not to be missed. That evening, at 7:00 pm, Congregation Beth Shalom West will host *Laila de Oro* (A Night of Gold), a gala event featuring a presentation of Sephardic music by the shul's own Cantor Daniel Benlolo - accompanied by Evelyn Greenberg and a hand from Montreal - traditional Sephardic food and a tribute to guest of honor Eli Yerushalmi.

Yerushalmi and his family are returning to Israel after three years

of service in the Israeli Embassy. He has been the chargé d'affaires for the embassy and, most recently, Israel's acting ambassador to Canada. The family have been active participants in Beth Shalom West during their tenure here.



Eli Yerushalmi

A souvenir program booklet is being produced to commemorate the evening. Personal greetings to pay tribute to the guest of honor cost \$18, and business or professional ads start at \$50. For further information, call Zachary Muroff (224-6444) or Ellis Solomon (241-6141).

Rabbi Howard Finkelstein notes that "this is an opportunity for our entire community to get together for a memorable evening. We extend an invitation to everyone to enjoy a great time and say shalom to some good friends."

Tickets at \$36 per person (with a tax receipt of \$15) can be ordered by calling Bev Glube at Beth Shalom West (723-1800).

### Community seders sponsored by JYL

"Pesach is coming!" This announcement always stirs a sense of excitement in every Jew as spring approaches. What is it about our Festival of Matzos that makes it so special? Matzah, maror and the other traditional foods of this holiday are all vivid in our minds, yet certainly Pesach means more than just the food we eat. Attending a seder helps one explore the significance of the holiday.

Community seders will be held Wednesday, April 3 and Thursday, April 4 and are open to students, singles, couples and families. They are sponsored by the Jewish Youth Library of Ottawa and will be held at the home of Dr. Joseph and Devora Caytak. There is no charge, but call to reserve a place (729-7712 or 729-1619) or fax (724-3855).

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Tuesday, April 2, 1996

Queen Elizabeth Hotel, Montreal

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50	\$350	\$640	\$1,220	\$640	\$1,220	\$2,380	
55	\$590	\$940	\$1,820	\$940	\$1,820	\$3,570	
60	\$843	\$1,625	\$3,190	\$1,660	\$3,260	\$6,450	
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## ORGANIZATIONS AND PEOPLE



### JEWISH FAMILY SERVICES

ELAINE RABIN  
MSW EXECUTIVE DIRECTOR

### Mrs. Schwartz is counting on you

You know her, but not well. At least, you used to, when she was younger. She would wave to you as you passed her in her yard, a charming, immaculate older lady, tending her roses and her peonies, bringing beauty to her corner of the world and her smile to brighten yours. Let's call her Mrs. Schwartz. You haven't seen her for years, you realize with a start, not since she had the first stroke. You know that she is being looked after because you see Mr. Schwartz as he walks slowly to the sidewalk to get the mail. But is she truly okay? Let's take a closer look...

The Schwartzes are not coping well, for Mr. Schwartz cannot adapt to looking after his wife. He resents the burden that she has become and is often frustrated enough to yell at her. He would never harm her - he is a decent man after all - but he doesn't always dispense her medications as he should. Sometimes, when he is tired, he gives her too many pills. He doesn't always respond when she asks to go to the bathroom. He's stopped really looking at her so doesn't notice or care if she is unkempt or in dirty clothes or sleeping in soiled sheets. He refuses to invite anyone over or to give her phone messages so he has become her whole world. Mr. Schwartz is ignoring his wife's emotional, social and physical needs. He is neglecting and abusing her, although he is doing the best he can.

No, Mrs. Schwartz is most definitely not okay. She is in fact one of a growing number of elderly persons who is enduring a loss of her personal rights, who is being neglected and abused. As our population ages, we are becoming aware that an increasing number of people, seniors, are in abusive circumstances. The abuse of seniors can be physical, emotional, financial or sexual. Seniors are especially vulnerable to all of these forms of abuse, as they are forced to increasingly rely on others. It is up to each of us to care. It is our responsibility to attend to each other, to keep each other connected in our increasingly disconnecting

world. You are needed as a partner in keeping seniors safe.

The three family service agencies in the Ottawa-Carleton region offer counselling and referral services to abused seniors and to family and caregivers. They will provide information on the telephone, respecting the need for anonymity and confidentiality, intervening only with the prior knowledge and consent of the abused senior. In situations where the senior speaks a language other than French or English, the agencies will do their best to be accommodating. In exceptional

circumstances, a social worker from Catholic Family Services, Family Service Centre or Jewish Family Services may make a home visit and, together with the senior, decide how best to ensure his or her well-being.

No senior need live in fear of abuse. With you as a partner, Ottawa's family service agencies can effectively intervene to reduce elder abuse. Call any of the agencies and ask the Intake Worker for further information. Together you can help.

Family Service Centre: 725-3601 • Catholic Family Services: 233-8478 • Jewish Family Services: 789-1800

### Programs and services help elderly immigrants adjust to new life

By Beverly Grostern

Seniors in general are very often vulnerable and prone to loneliness and isolation which may lead to depression. Add to this the stress of being a recent immigrant and you get a situation that can be even more exaggerated. Through ongoing programming and services Jewish Family Services offers education and activities that enhance both adaptation and lifestyle of these recent immigrants.

Over the past year an increasing number of senior immigrants has gathered on a Sunday afternoon to meet and greet one other and to become more informed about what is out there for them. They learn about resettlement services in general and specifically what they can and should expect, as seniors, in terms of family and the community.

In early February close to 40 enthusiastic seniors came for yet another get-together. Despite the frigid temperatures and increase in illness at this time of year, the actual number of those present was substa-

tially higher than what was anticipated, demonstrating, once again, the urgent need for such programs.

Two wonderful volunteers, Ann Smutylo and Alim Chwartzman put together an "educational program" demonstrating how learning English can be fun. It was done with music and dance and before they realized it, the seniors were up on their feet joining in and singing and dancing to tunes that were easy, fun and deceptively educational.

Following this little interlude, light refreshments were served and mingling and mixing were the order of the day.

Future programs are being planned to address the needs of this population. A specialist in the area of elder abuse will meet with the group next month. Following this will be an evening of entertainment. In addition to these programs, a social worker, Margo Sherman, has been assigned to organize future encounters and to ensure that needed preventative services and therapeutic intervention are available for this population.



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## ORGANIZATIONS AND PEOPLE



### JEWISH NATIONAL FUND

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#### Meet Jack Smith, JNF board member

Why does Jack Smith make time in his impossible schedule to actively participate in JNF?

"If I had to write it out, it would take two pages to tell you!" the popular caterer laughs.

It all started, Jack explains, in the days when the JNF shlichim used to bunk overnight at the Embassy West Hotel where Jack runs the in-house restaurant, The Pot.

"The shlichim would talk and I would listen to their stories," he says. "And the stories were so interesting that after a while I thought, hey, I should be part of this team, I should be helping this cause. Before I knew it, I was going to meetings and pitching in and enjoying every minute of it."

In 1988, Jack was chosen as the JNF Negev Dinner honoree. "It was a great honor to lend my name to raising money for this worthy cause," he says.

Later, when Jack and his wife, Linda, took part in a JNF Mission to Israel to dedicate the Jack Smith Forest, they discovered that then JNF shaliach Col. Yakov Perez was a man of his word. "He promised us the time of our lives," Jack says. "And he delivered. It was a fantastic trip."

"When we arrived in Israel an unbelievable feeling came over me. I got off the plane and kissed the ground," he remembers.

In addition to planting seedling trees in the Jack Smith Forest, he had the opportunity to see the project he'd purchased several years before in honor of his parents.

"JNF is fantastic," he says. "JNF is roads, parks, forests, trees and so much more. It's a privilege to be involved in the vital work it does in Israel."

#### A trio of B'nei Mitzvah

Three of our younger set recently reached major milestones in their lives when they celebrated their b'nei mitzvah. The parents of Daniel Morgovsky, Warren Arshinoff and Dana Shiff marked the special occasion in a particularly meaningful way by inscribing their children's names in the JNF Sefer Bar/Bat Mitzvah. In this way each celebrant is forever linked with the land of Israel. If a bar/bat mitzvah is looming on your horizon, you can anticipate a call from our Inscriptions Chair Gina Grant.

#### Action Plan: Negev

##### The Orchard Project

Israel's first citrus orchards were located primarily along the Coastal Plain. Recent years have seen a persistent drop in the Coastal Plain yields and a growing demand to keep this land for urban use. As a result, the orchards should be transferred to the south, particularly to the Besor region, which enjoys relative advantages in terms of climate and soil that have proved favourable to citrus cultivation.

The economic viability of the orchard project depends on the availability of concentrated land tracts, cheap water and, once the orchards start producing fruit, assured water quantities above the quotas.

Over the next three to four years, the plan is to plant some 12-15 thousand dunams of citrus orchards based on existing water quotas, plus an additional 10 million cu. m. from the planned Besor reservoirs. In years four to six, the plantation area will be increased to 50,000 dunams, relying on a 30 million cu. m. water supply from the proposed enlargement of the Dan Region recycling facility. An investment of NIS 75 million is earmarked from "Action Plan: Negev" funds.

With your help, JNF will make more of the dessert bloom! Is your Blue Box full? Drop it off at United Kosher Meat & Deli, 378 Richmond Road; or call Jeff Sidney (731-4646) or Henry Molot (728-0263).



Jack Smith



Students at Ottawa Modern Jewish School create special murals for Purim.

## Multiple Appeals Committee to authorize community fundraising

The Multiple Appeals Committee (MAC) of the Ottawa Vaad Ha'R is up and running again under the chair of Gerry Levitz. The committee is responsible for authorizing any new fundraising activities that are to be targeted to the Ottawa Jewish community.

The goal of the MAC is to protect the Jewish community from myriad requests and to ensure that any new fundraising does not interfere with established campaigns. The committee recognizes that the annual UJA campaign and, for the current year, the Community Capital Campaign are of primary importance to the community, and any additional fundraising directed to the Jewish community of Ottawa must respect their timetables.

The Ottawa Vaad Ha'R has requested that the MAC reconsider the guidelines for fundraising and the operations of the committee that are currently in place. The committee is currently undertaking this task.

To assist the committee in its planning process the MAC will be sending a survey to every Jewish

fundraising organization requesting written submissions of their fundraising activities.

"We want the Jewish community to be satisfied that the multiple appeals guidelines are fair and open," said Levitz. "At the same time, we plan to ensure that the rules are enforced and that anyone who solicits funds in the Jewish community respects the primacy of the UJA campaign (and the special Community Capital Campaign)."

When the MAC last met on January 31, it reaffirmed the moratorium in place on any new fundraising campaigns in the community. This was primarily to protect the special Community Capital Campaign, which will raise money for the new Jewish Community Centre, the new Hillel Lodge, and for renovations to 881 Broadway Avenue. All new fundraising campaigns targeted to the Jewish community will be subject to this moratorium.

If you would like more information on the committee or its operations, call Gerry Levitz (728-5831) or Marc Fishman (staff professional, 789-7306).

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## PASSOVER PRODUCTS

# A guide to Passover products

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222 AF x str tab  
222 AF reg str tab/cpl  
Actiprofen tab  
Advil cpl/tab  
Advil cold & sinus tab  
Anacin cpl/tab  
Anacin x str cpl/tab  
Anacin-AF (& x str) tab  
Apo-ASA tab  
Apo-Ibuprofen tab  
Aspirin (Bayer) tab  
Aspirin + stomach (Bayer) tab/cpl  
Aspirin, coated (Bayer) cpl  
Benadryl cpl/liq  
Benadryl decongestant tab  
Dimetapp tab (Estantabs are chometz)  
Dimetapp A tab (Children's Chewables are chometz)  
Dimetapp DM tab  
Dristan tab  
Dristan AF tab  
Dristan x str cpl  
Dristan ND (& extra str) cpl  
Imodium cpl only  
Life Decongestant Nasal Spray  
Life Nasal and Sinus Relief Tab  
Life Ibuprofen Tab  
Life Saline Nasal Mist  
Life Milk of Magnesia liq/tab  
Life Anti-Nauseant Travelmats tab  
Life Acetaminophen tab/cpl  
Life ASA tab  
Life Calamine Antihistamine lotion  
Maalox Antacid cpl  
Motrin cpl/tab  
Novahistex "Expectorant Decongestant" liq  
Novahistex DM "Expectorant Decongestant" liq  
Novo-Mucilax sugar-free pdr  
Pepto Bismol liq  
Sinutab reg, x str, ND, tab/cpl  
Tylenol cpl/tab  
Tylenol coated 500 mg cpl

Tylenol Daytime cold cpl  
Tylenol Nighttime cold cpl  
Tylenol sinus 325/500 mg cpl

### Household products

Milk Enzyme: Lactaid Drops - bearing a COR. It is necessary to prepare the milk *before* Passover. Use separate utensils. Lactaid Tablets or Caplets should not be used on Passover.

Infant Formula (Kitnyos): All infant formulas listed should be used in separate utensils. Formula is available in liquid and powder. Check each container for a hechsher, since not all forms are kosher endorsed. Alcatam, Enfalac, Isomil, Prosobee, Similac.

Nutritional Supplements (Kitnyos): These products are not produced under Passover supervision. They should be used only when there is no alternative in consultation with a rabbi. Boost, Isocal, Ensure, Essential.

Oral Care: Kosher for Passover toothpaste is recommended. Johnson & Johnson Dental Floss (unflavored), Polident Fasteeth.

Aluminum Products: Special Passover certification is not required; any brand bearing kosher endorsement may be used.

Paper Products: Use plastic or styrofoam plates for foods that contain moisture. Paper plates are permissible for cold, dry foods. Peterson/Norscan silicone paper, Baker's Mate parchment paper, Cut Rite wax paper.

Some napkins and paper towels may contain starch. Therefore it is suggested that they not come in contact with wet foods, e.g. latkes. The following, however, are free from starch: Scott Clean, Ultra and Viva Paper Towels, Scott Napkins.

Miscellaneous Baby Products: Baby Fresh Wipes by Scott, All Alcohol Free Baby Wipes.

Alcohol: Isopropyl Rubbing Alcohol (any)  
Deodorants: Mitchum and Lady Mitchum roll-on and stick, Hi & Dri, Almay, Old Spice stick, Secret Aerosol roll-on and solid.

Fragrances: Charlie, Ciara, Enjoli, Jean Nate, Revlon fragrances, Ultima II fragrances.

Hairspray: Vidal Sassoon, Pantene.

Skin Care: Almay Time-Off Toner, Almay

Time-Off Moisture Lotion, Almay Time-Off Cleanser, Revlon Results Day-Light Replenisher Moisture Lotion/Moisturizer Oil-Free Fluid, Moon Drops Lightweight/Nourishing/Soothing Moisture Lotion, Blue Strates After Shave Cologne.

Shampoo & Conditioners: Head & Shoulders, Pert Plus, Ivory and Ivory Plus Shampoos, Vidal Sassoon, Pantene, Flex.

Cleansers: Spic and Span, Mr. Clean.

Oven Cleaner: Any brand.

Coffee: All unflavored, regular and decaf, Taster's Choice, Nescafe and Hills Brothers instant coffees bearing COR 141 are acceptable without Passover certification. MJB ground roasted coffee (regular and decaf) bearing COR 141 are acceptable as well. Maxwell House and Sanka instant coffee bearing an MK may be used for Passover.

### Beverages

Coca-Cola Beverages Ltd: Coca-Cola Classic, Diet Coke.

Pop Factory: Cola, Gingerale, Orange, Reinhart Seltzer, White Cream Soda.

### Fruit Salad and Frozen Ice Desserts

Amber Foods Ltd, C.A. Fruit Products Ltd.; Dessert-craft Foods Products; Marcee's Sweets; Fruit Ices, Ice Cream; Metropolitan Ice Cream; Fruit Ices.

### Honey and Sugar

Billy Bee Honey Products Ltd.  
Redpath Sugars

Continued on page 11

## With Thanks

Gaby Simha Guigui wishes to thank all members of the Jewish community who trusted her while serving as mashgiach at Machzikei Hadas kitchens. Mrs. Guigui decided to cease assuring the strict observance of Kashrut laws in the synagogue's kitchens and her decision is effective March 3, 1996. Special thanks are extended to those who supported her and to the staff who complied with the strictness of Kashrut.



AFTER  
EIGHTY YEARS  
*we've still got* ALOT  
*on our* PLATES.

Many people think of the Chateau Laurier as Ottawa's grandest and most historic hotel. And while the Chateau does have a rich history as a rest haven for business and leisure travelers, it also has a proud reputation for exquisite catering.

All Banquet Menus have been designed by our Executive Chef to skillfully blend flavours and colours

that please both the eye and the taste buds.

**We do  
Kosher  
Catering**

For the truly personal touch to any event, our Chef and Catering representatives can assist by suggesting items that fit the occasion and fancy any feast.

For more information on having the Chateau Laurier cater your next event, call Ellyn Holzman, Director of Catering & Convention Services at (613)-241-1414.

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Ont. K1N 8S7







# Centrefold

The News from the Jewish Community Centre of Ottawa

Volume 5/No. 75 • March 25, 1996 • Nisan

## Sunday Funday returns to the JCC!

JCC caters to kids with a full menu of fun programs

By Estelle Melzer

Sunday Funday is back! This Sunday program for kids is a cherished JCC memory for many people who grew up in Ottawa in the 60's and 70's. The JCC is bringing back the fun — but with an all new 90's flavour! Ottawa — you ain't never seen nothin' like this!

Sunday Funday will open with an all new menu of really special treats. (Please see the ad on page C5 for the complete Sunday Funday Menu.) It will take place on five consecutive Sunday afternoons at 881 Broadview, beginning April 21. Kids from grade 1 and up will be offered a mouth-watering variety of activities to choose from — a smorgasbord of programs designed to tempt the palate of even the most finicky kid. Children will be able to choose two activities every week from a full menu of Daily Specials.

Included in the activities are:

jewellery-making, cartooning, video-making, stamp art, soapstone carving, magic workshops, science workshops, cernit (colourful clay) creations, mask-making and more. Kids can paint and decorate their sneakers for a one-of-a-kind look. They can make fabulous clay bead necklaces or personalized hairclips and bracelets. They can create amazing gifts and learn skills which they can use over and over again.

Each week, a different sport will be offered also for the active kid who just has to get physical, at least for part of the afternoon.

Kids can sample different Daily Specials each week, or they can dine on their favourite specialties for a number of weeks. For example, stamping (techniques for creating different pictures and designs with ink stamps) can be taken once or for five consecutive weeks, building up different skills. (Kids — you

*"A smorgasbord of programs designed to tempt the palate of even the most finicky kid."*

must take the first course to continue.)

Video workshops, which concentrate on different parts of video-making (sound effects, special effects, etc.) can be taken once, or, a child can be part of an ongoing video by taking all three classes. Mask-making can be sampled once, but the child who takes three classes will end up with an elaborately decorated

finished product he or she will be thrilled with.

Many of the activities offered are real gourmet treats, with very popular specialists imported just for these Sundays from Montreal. Sheldon Cohen has an enthusiastic fan club in Montreal. Ottawa youngsters got a chance to enjoy some of his cartooning programs at Arts Alive last fall. He will offer three cartooning classes and three video-making classes at Sunday Funday. Alan Greenberg who runs the Houdini Magic Club Inc. in Montreal, will teach kids how to do magic illusions that really work. Cernit Creations and Soapstone Crafts are also very popular programs from Montreal.

As well, the JCC was very pleased to recruit talented specialists from Ottawa, who will share their skills with our kids. Artist Linda Goldberg will be teaching mask-making, beading, decoupage and sneaker-decorating. Avalee Prehogan will help

kids create little people figures, different kinds of jewellery or special Mother's Day gifts. Teacher Claire Salmon's exuberance will get kids excited about the wild and wacky aspects of science.

One of the most ambitious programs offered is our full afternoon soapstone carving workshop. The instructor says that kids really will be able to create a carving they can be proud of.

Sunday Funday is a fabulous opportunity for kids to try out exciting new activities they have probably never experienced before. We expect the Broadview Campus to be humming with activities on Sunday afternoons this spring. If your child wants to be part of the action, we urge you to register early. All activities have limited enrolment and registration is on a first come, first served basis. For more information about any of these programs please call Gale at 722-9235.

## Community invited to participate "hands on" in Yom Ha'Atzmaut '96

By Diane Koven

Evan Zelikovitz, chairperson of this year's Yom Ha'Atzmaut celebration, and his committee members have been busily making plans to make this year's event, to take place on Tuesday evening, April 23, a true community-wide activity. In addition to simply coming out and joining in the festivities, community members of all ages will have several opportunities to really participate.

The theme this year will be "Building for our Future". Decorations will, once again, include the art work of students in all area Hebrew schools who are being asked to create murals with this theme in mind.

New this year will be the Buy-a-Tile, Build-a-Wall Project. During the evening, families will have an opportunity to "make a mark" by painting a tile which will eventually form part of a special wall in the new JCC. For \$5.00, a tile may be purchased and painted with whatever the individual or family wishes — a picture, a message of hope, or even the family name. The tiles will be 6" x 6". Everyone is encouraged to start thinking about and planning what to paint. The generous donation of tiles by Olympia Tile Interna-

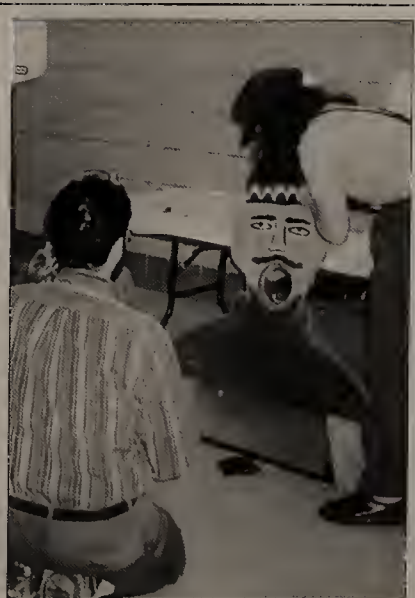
tional Inc. and Westboro Carpet and Drapery will enable us to provide five hundred tiles for this exciting project.

The "Picture Israel" photo contest is also a first this year. Start sifting through all your favourite photographs of Israel — you may have a prize winner in your album. Photos must be 5" x 7" and matted so that they can be properly displayed. Entries should be clearly labelled on the back, with the name, address, telephone number and age of the photographer and should be submitted to the JCC office, 151 Chapel Street. Deadline for submissions is April 18.

Entertainment will be provided by Shelly Ovidat, Israeli singer from Toronto, who will no doubt have the community singing and dancing up a storm. When the hunger and thirst set in, people will welcome the opportunity to partake of culinary treats provided by Ottawa's Israeli caterer, Yudi Chein. Food will be available from 5:00 p.m. for those who want to come early, and again, following the Yom HaZikaron ceremony and throughout the evening. Israeli-style salads and a "Hot Falafel Bar" will be among the offerings.

The Henry "Hank" Torontow 39th Beaver Colony, Cub Pack & Scout Troup will act as flag bearers again this year.

There will be lots happening at the JCC on Tuesday evening, April 23. Be sure to mark the date on your calendar now and start planning your "artistic contributions".



### Throw the beanbag at Haman!

Kids and parents had a great time at the JCC's annual Purim Carnival, organized and staffed by our community's youth groups. (Please see page C6 for story and more photos.)

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Sunday Funday Menu ..... Page C5

Babes in Arms Teen Play .... Page C8



## Centre Court



By Ron Prehogan  
President, Jewish Community Centre of Ottawa

### An Opportunity to Enrich Our Legacy

Over the past several months, we have featured articles in Centrefold on what a new JCC would mean to various individual members of our community. This column is an attempt to encapsulate what a new JCC would mean to the community as a whole.

As it has been many years since we have had a full functioning JCC in this community, many people either have never known or have forgotten what it is. A full functioning JCC is a combination of facility and programs that attracts Jews of all ages. It is a place where Jews want to be with other Jews in an attractive, active and stimulating environment. It is a home away from home for thousands of Jews.

It is important to highlight the combination of facility and programs. A good facility without good programming is a white elephant. Good programming without a good facility severely limits the number of people we can reach. No matter how good the programs, many people will not want to come to a place that is not attractive or not convenient. Our current JCC has, for too many years, been both unattractive and inconvenient for an increasing number of Ottawa Jews.

It was certainly not always that way. I am told that when the JCC was built at 151 Chapel Street and for many years later, the location and the facility itself could hardly have been better. The JCC was the place to be on Saturday nights for adults and young adults and Sundays for children. To this day, the mention of the "Sunday Funday" program brings broad smiles to the faces of those whose own young children are missing out on the experience. As well, there are many married couples in the community who started dating at the Centre - an opportunity which has not been available to their own children.

Some people have questioned whether we can afford to build a new JCC in these economic times. The answer from all indications is that we should be able to raise sufficient funds to build a facility that should make us all very proud.

The question has also been raised as to our ability to financially maintain the facility once it is built. The facility will be state-of-the-art. It will be within a 15 minute drive from 90% or more of the Jewish population and on the same site as Hillel Academy and, hopefully Hillel Lodge. It will be run by an Executive Director who is as caring, capable, creative and committed as they come. Ann Lynn and her staff will PROGRAM, PROGRAM, PROGRAM to reach Jews of all ages and interests. People will join the Centre not out of a sense of obligation but because it is something that they will want to be a part of. In these circumstances, we would not only financially maintain the facility but we would do so at much less of a cost to the community than at present.

The question is not "can we afford to build?", but rather "can we afford not to?". As Abraham Herschel said: "Every individual is a pillar on which the future of Judaism rests. Each Jew is obliged to say: Into my hands has been given the future of the entire people. We are either the last Jews or those who will hand over the entire past to the generations to come. We will either forfeit - or enrich - the legacy of the ages."

We are about to be given a rare opportunity to enrich the legacy of the ages. Those before us did it for us. It is now time for us to step forward. Please support your new JCC in whatever way you can. Our children and grandchildren will be forever in your debt.

Centrefold is a monthly publication  
of the Ottawa Jewish Community Centre,  
151 Chapel Street, Ottawa, K1N 7Y2

President • Ron Prehogan Executive Director • Ann Lynn Lipton  
Editor • Estelle Melzer

New! New! New!

### JCC DONATION CARDS NOW AVAILABLE



Mark the special occasions in the lives of your family or friends with a donation to the Jewish Community Centre.

It's as simple as calling 789-1818.

A card will be sent to the person in whose name you are making a donation.

(Donation minimum: \$5.00)

You will receive a charitable tax receipt and our thanks.

The Jewish Community Centre will be able to provide more programs and services for everyone in our community.

## WHY WE WANT A NEW JCC



Name: Jonathan Kardash, MBA  
Age: 29  
Profile: Raised in Ottawa. University in Toronto. Returned three years ago.  
Occupation: Entrepreneur.  
Businesses include Marklyn Management (property/construction/consulting) and Cash Converters (buying/selling quality used merchandise)

Name: Jennifer Kardash  
Age: 24  
Profile: Vancouver born. University in Toronto. Moved to Ottawa after marriage.  
Occupation: Broker's marketing assistant, ScotiaMcLeod

**Jonathan:** The JCC was part of my life growing up. I was a camper, played floor hockey used the racquetball courts and went to Sunday Funday. My parents were great chauffeurs. Today, the JCC on Chapel can't fulfil that same function for all kinds of obvious reasons - wrong location, old building. It's just not a place kids want to come to.

**Jennifer:** I moved back to Vancouver from Victoria when I was 12 and the JCC was a big part of my life. It helped me find Jewish friends. I was involved in USY at the Centre and taught arts and crafts to younger kids. Teens need a place to hang out and the new JCC could be that place. It should be attractive and multi-purpose.

**Jonathan:** If our new JCC is a classy, full service facility, it will attract all kinds of people, particularly young people, who really don't have a place to meet each other. My generation, I guess you can call us a little

spoiled, but we expect the best. An attractive new JCC could really bring out the Jewish gang that right now is not meeting anywhere. I'm into music. If we have an auditorium and a lively performing arts program I'll be there.

**Jennifer:** I can see how the new JCC will really fit into our lives when we have kids. It's such a great location for afterschool programs, meeting other parents, taking different classes while my kids are enjoying their programs.

**Jonathan:** With that location the JCC could be a "one-stop shop" for the whole community. When I was a kid, Hillel Academy was located at Chapel and, once a week, we walked to the Hillel Lodge. It was great. The seniors got to see young faces and we got to know the older people in our community. If Hillel Lodge joins the campus, all kinds of integrated programs would be possible. It will build community spirit.



## FROM WHERE I SIT . . .

## New Spring Programs

By Ann Lynn Lipton  
Executive Director  
Jewish Community Centre  
of Ottawa

As an American who moved to Ottawa in the deepest of winter, I am particularly happy to see spring approaching. As Executive Director of my new community's JCC, one of the things I look forward to most is springing into new programming.

Yes, we are all anticipating a new and beautiful facility at the Broadview Campus - but that is some time down the road. We cannot wait for then, so our staff have been busy working on new programming for members of all ages, starting right after Passover. We hope that you will look over and like what we have to offer and become an active participant.

We at the Centre are very excited about our all-new Sunday Funday, introduced in this issue of Centrefold. Junior Programming Director Gale Kardash has put together an amazing array of activities for children in Grades 1 and older. We truly believe this is a program which will appeal to every child, whatever his or her interest. As you read over the Sunday Funday menu (on Page C5) I'm sure that you will wish, as I did, that you could be a kid again, at least for those five special Sundays in spring. Please note that all programs have limited enrollment. Discuss Sunday Funday with your child. If she wants to participate in any of the activities, I urge you to register

now.

Our Adult Department is also planning a very active spring. Spring flowers will be the focus of an all day drawing and water colour painting workshop, scheduled for April 30. Lunch at the Drop-in Diner is also included in the workshop fee.

In May, Discovery, the popular Judaism awareness and exploration program, will hold a mini-workshop. Members can also explore their Judaism in a variety of other programs. Shaping Judaism is a clay modelling workshop in which participants will make one-of-a-kind mezuzot or Shabbat candlesticks.

I am hoping to lead a Tuesday morning course on Basic Judaism, followed, of course, by lunch in the Drop-in Diner, Ottawa's only Kosher eatery. As a Jewish educator, I enjoy the interaction and exchange of ideas that only teaching can offer. Come and learn all those things about Judaism that you missed in Sunday school.

One of the upcoming program I am most excited about is Ta'it Weaving. I bring this program from the Wilkes-Barre community where it has been a great success for thirty years. Families incorporate weaving a special Ta'it into the celebration their bar mitzvah, wedding or other simchah. It's a very special gift to mark occasions in a person's Jewish life. As well, we hope to offer a complementary course on how to crochet a kippah.

Continuing adult programs you

may want to consider this spring include: In the Know, a current affairs discussion group with Sharon Shofberg-Grey, which meets every second Wednesday (new session starts March 27); Israeli Dancing, every Tuesday evening at 881 Broadview; the Shir-Am Chorale Group, which meets every Tuesday morning at the JCC; and the JCC Concert Band on Monday evenings.

Our other program departments are also busy planning new spring activities. Phys. Ed. Director Jon Brach thinks that Lob Bell, the new softball option offered by the J.M.S.L., is going to be a big hit. Our new Heart Alive program, a modified CPR program for seniors, really can save lives, and we hope that many of our senior members will participate in it. Coming up for teens will be a variety of fine art courses, such as cartooning and clay modelling.

Details on all these programs and more will be appearing in upcoming Centrefold issues. If you have an idea for a program, please call us. All of our staff are eager to hear from you and work with you. They include: Diane Koven - Adult Programming; Jon Braun - Physical Education and Youth Athletics; Andrea Morton - Seniors, Teens, and Tweens; Gale Kardash - Junior Programming; Rhoda Levitan, JCC Day Camp. To talk to Diane, Jon, Andrea, Rhoda, or myself call 789-1818. Gale can be reached at the Broadview Campus, 722-9235.

Shalom.



# Round the Centre



**FULL HOUSE:** (left to right) Israeli Film Festival co-chairs Robin Mader and Tova Lynch, Israeli Charge d'Affaires Eli Yerushalmi and Shuli Yerushalmi joined capacity crowd for the Israeli Film Festival.



Floralove Katz sings Hatikvah accompanied by Natasha Guiller.

## Record crowd attends ninth Israeli Film Festival

By Diane Koven

The 9th annual Israeli Film Festival took place on Saturday evening, March 2 at the National Archives of Canada. A record number of people - close to three hundred - turned up to view the two films and to munch on Purim-style refreshments during intermission.

The evening opened with remarks by Eli Yerushalmi, Charges d'Affaires of the Embassy of Israel. Floralove Katz led the audience in singing Oh Canada accompanied on the piano by Natasha Guiller. A short film about the late Yitzhak Rabin was followed by a minute of silence in his memory and in memory of those killed in the bombings that week in Jerusalem. Then everyone rose solemnly to sing Hatikvah.

Tova Lynch and Robin Mader, chairpersons of the event, welcomed everyone and introduced the films.

Both of the films, *Coffee with Lemon* and *Sh'Chur*, dealt with the theme of immigration to Israel, though in

very different ways. The first film was from a Russian immigrant's perspective, while the second depicted the culture clash of Moroccan immigrants and their modern-Israeli children. The films were thought-provoking and, to a certain extent, controversial. They raised points about the immigration experience that are, for some, difficult but represent the reality of Israel.

The Jewish Community Centre and Israel Program Centre, organizers of the Israeli Film Festival, welcomed the participation of The Embassy of Israel as well as the Canadian Film Institute. Thanks also go to the following organizations which contributed to the reception held at intermission: The Canadian Friends of the Hebrew University - Ottawa Chapter; the Canada-Israel Committee; Rideau Bakery; and Rideau Street Loblaws. The chairpersons were ably assisted by their committee members, including Leslie Ram and Shari Riter, Rachel Moran (IPC) and Diane Koven (JCC).

## Singles circulate at "heartly" Super Supper Club

One hundred singles from Ottawa and Montreal answered the call to "Have a Heart" on Saturday Night February 10. They were attending the third Super Supper Club, billed as a heart-healthy repeat.

Participants brought their favourite "light" dish to the home of gracious host Sye Mincoff. As well, part of the proceeds of the evening was donated to the Heart and Stroke Foundation.

The large turnout created a lively atmosphere, with lots of mingling and discussion. The evening drew many newcomers who were introduced around and made to feel welcome.

Guest of honour was "newcomer" Ann Lynn Lipton, the new executive director of the JCC, who circulated through the crowd casually introducing herself - "Hi, I'm Ann Lynn."

By the time the dessert table with its offerings of no-guilt, "light" treats was ready, many people were getting some heart-healthy exercise by taking to the dance floor.

The Supper Club is one of the most popular programs on the Jewish Singles scene in Ottawa. It provides a relaxed format in which people can meet and socialize in an intimate setting. For more information about the Supper Club please call Miriam at 825-7587.

Ottawa Jewish Singles are planning a variety of interesting program for the spring. On March 21 OJS invites all singles to a bowling plus karaoke night. April 28 is the date for an exciting program billed as "The Krokus & Knishes Kar Rally."

## Come out to The Golden Age Club

Every Monday, the Golden Age Club meets at the Jewish Community Centre, 151 Chapel St. We have hot luncheons, interesting programs and friendly members.

April 1 & 8  
Closed for Passover

April 15  
12:30 p.m.  
Bingo Luncheon

April 22  
1:00 p.m.  
Israel Update

April 29  
1:00 p.m.  
Speaker from the Arthritis Society

## ADULTS FOR LIVELY LEASURE

A luncheon  
Lecture Program  
at Aduath Israel  
Synagogue  
1400 Coldrey Avenue

April 18  
12:00 p.m.  
Speaker:

Jane Brown-Rigg  
Heart Institute,  
Heart Check Dept.  
Topic: Healthy Heart  
Care

A.L.L. is jointly sponsored by the Jewish Community Centre and Jewish Family Services. The program is co-ordinated by volunteers Minnie Milson and Bess Rosenberg. For more information, please call the JCC at 789-1818.



## JCC Library 151 Chapel Street



*Giving a Dvar Torah? Need clarification on some aspect of Halacha?*  
Your JCC Library has many excellent commentaries which can help you with your quest.  
*Does your child have a Holocaust project or a Torah Fair to prepare for?*  
Your JCC Library should be his first stop for reference material.  
*Are you pondering the impact of the new feminism on traditional Judaism?*  
Your JCC Library's Women's Collection can connect you with others who have struggled with this issue.

### RECENT ACQUISITIONS RELIGION

The Life and Teachings of Hillel  
- Yitzhak Buxbaum  
This is Torah - Alfred Kolatch  
A Gathering of Angels - Morris Margolies  
Jewish Renewal - Michael Lerner

### WOMEN AND JUDAISM

A Price Below Rubies: Jewish Women as Rebels and Radicals - Naomi Shepherd  
Her Face in the Mirror - Faye Moscovitz  
The Book of Jewish Women's Tales  
- Barbara Rush  
And All Your Children Shall Be Learned  
- Shoshana P. Zolty

### HOLOCAUST

A Partisan's Memoir - Faye Shulman  
Denying the Holocaust  
- Deborah Lipstadt  
When Paupers Dance - Szolma Renglich  
The Seventh Million - Tom Segev

### Library Hours:

Monday, Tuesday, Sunday -  
11:00 a.m. - 3:00 p.m.  
Wednesday - 6:00 - 9:00 p.m.

For more information please call  
Librarian Estelle Backman  
at 789-1818



Learn to recognize the signs of heart attack, the No. One killer of Canadians. Would you know what to do if you or your loved one were having a heart attack? Heart Alive knowledge can save lives!

Date: June 10 and 11  
Time: 10:00 a.m. - 12:00 p.m.  
Place: JCC, 151 Chapel Street  
Cost: \$20.00.

You must be a JCC member to register for this course.

Now that Spring is here  
it's time to get out and socialize!

## Join us at The Drop-In Diner

THE ONLY KOSHER EATERY IN TOWN

for a delicious full course meal  
Soup, salad, entree, drink  
and homemade dessert  
All for only \$6.00

Open every TUESDAY  
at the JCC, 151 Chapel  
12:00 - 1:15 p.m.

Closed on April 9 only for Passover.

Why not plan a spring luncheon meeting  
for your group?

For group reservations, call the JCC at 789-1818





*The JCC Concert Band*  
invites the community to a  
**SPRING THAW CONCERT**  
Monday, April 1  
8:00 p.m.  
JCC Auditorium, 151 Chapel Street  
featuring music from *Exodus* and *Toddler on the Roof*  
as well as a variety of toe-tapping well-known pop classics.  
Added attraction: The 2 + 2 Sax Quartet  
Admission Free *Eight Refreshments will be served.*

## JCC Concert Band puts out call for new musicians

By Estelle Melzer

If you happen to drop by the Jewish Community Centre on Chapel Street on any Monday night, you will find that the staid old building is vibrating to a distant but very lively beat. Follow the sound to the auditorium and you are greeted by a full-size brass band, guaranteed to get your toes tappin' and your hands clappin'. The JCC Concert Band is in the midst of its weekly rehearsal, making music for the sheer love of it.

The band, now in its fourth year, is currently led by conductor John Montigny. He took over in January from Stewart Smith, who had been the very talented and dedicated conductor since the inception of the band.

It is a full size concert band, consisting of brass, winds and percussion, with approximately 24

musicians involved. They vary in age from 17 to 70 and come from all over the city and a wide variety of professions, but all have a strong background in music, some having played professionally. The unifying factor for all of them is the pleasure they derive from playing together as a concert band.

The JCC Concert Band was the brainchild of Ottawa businessman Ben Greenberg. Ben had been a musician playing on the lively Ottawa club scene in his youth. He left his first love, music, to pursue a successful business career, but the desire to make music remained. Four years ago, he came to the JCC with a proposal to start a concert band. His formidable energy and enthusiasm were put to the tasks of recruiting members, finding Jewish music and organizing venues for the band to play in.

Over the years, the JCC Concert Band has played at Yom Ha'Atzmaut and Yom Yerushalayim events as well as at musical concerts together with other groups and on its own.

One of the band's highlights was its performance in a special Musical Gala featuring some of the top talent in the Ottawa musical community.

This year, Ben has handed over direction of the band to Dr. Eric Elkin and Dr. David Malek.

They hope to widen the band's repertoire of Jewish music and composers and are now actively recruiting new members. Please call David at 733-9591 or Eric at 729-1296 if you are interested in joining, or come on out to a rehearsal. The band practises at the JCC, 151 Chapel Street, every Monday night, from 7:30 - 9:30 p.m.

## Hey, Jewish Musicians! We know you are out there

Don't be a timid trumpeter, a closet clarinetist, a secret saxophonist. Don't be shy!

Polish up your piccolo, brush off your baritone, find your French horn and join us in the JCC Concert Band.

We are a full-size concert band consisting of brass, wind and percussion.

Our repertoire is large and growing with an emphasis on Jewish music and composers.

We practise every Monday night at the JCC, 151 Chapel Street, 7:30 - 9:30 p.m.

Come on out and join us.

For more information, please call Eric Elkin at 729-1296 or David Malek at 733-9591.



## BUY - A - TILE BUILD - A - WALL

An exciting new project to take place during

YOM HA'ATZMAUT

APRIL 23

Paint and decorate your own tile for only \$5.00  
All tiles will be part of a special wall at our new JCC

## Bus trip June 19

## Trip to Yiddish Theatre in Montreal planned

By Diane Koven

The JCC is planning another exciting theatre trip to Montreal. Double Identity, a Yiddish Theatre presentation based on Sholom Aleichem's "It's Hard to be a Jew", received glowing reviews in its off-Broadway premiere. Directed by Bryna Wasserman, the highly trained and experienced director in New York's professional English and Yiddish theatre (and Dora's daughter), this play contains "sixteen finger-snapping, toe-tapping new songs and fast-paced comedy". Simultaneous translation into English is available free of charge.

The JCC will be organizing a bus trip on Sunday, June 16.

Round-trip bus transportation and ticket to the play will be included in the \$50.00 registration fee. The group will also be making a stop at a kosher restaurant following the performance to have dinner before the return trip. Those who participated in past theatre trips will remember how much fun they can be.

Because of the necessity to purchase tickets well in advance, paid reservations must be received by the JCC by May 13. Plan ahead and get a group of friends to join you for a lovely Sunday afternoon in June.

For reservations or further information, please call Diane Koven at 789-1818.

## Are you Spring Cleaning?

## STOP!!

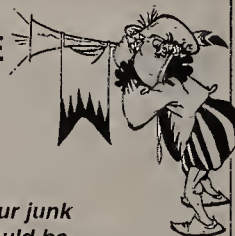
Don't throw out that clothing,  
household item, furniture  
or present from Uncle Mortie  
you never could find a use for.

The Jewish Community Centre  
and Hillel Lodge

will be holding a

## GIANT WAREHOUSE BAZAAR

this June



Your junk  
could be  
someone else's treasure!

(All items must be in good condition.)

Watch for details  
in the next issue  
of Centrefold.

## JACS

Jewish Alcoholics,  
Chemically Dependent Persons  
and Significant Others

meets every Wednesday night  
at 7:30 p.m.  
in conference Room No. 1  
at the Jewish Community Centre  
151 Chapel Street

For more information  
please call Chuck  
at 729-6266 (office) or 739-9306 (home)





# JCC SUNDAY FUNDAY MENU

*We cater to kids in Grades 1 and up*

Open 1:00 - 3:45 pm at 881 Broadview

## DAILY SPECIALS

### APRIL 21

1:00 - 2:15 p.m.

- #1. Art with Avalee (10 kids max.)  
"Eensy, Weensy People" created using embroidery floss and imagination.
- #2. Stampers Studio Ages 6 - 8 (10 kids max.)  
Introduction to techniques used in stamp art. You will design a bag and bookmark. **ESSENTIAL COURSE** for kids wanting to take our other stamping courses.
- #3. Cartooning with Sheldon Cohen (15 kids max.)  
Cel Painting - designing cartoons on Cel transparencies
- #4. Polymer Clay Beads with Linda Goldberg (10 kids max.)  
Make a colourful, one-of-a-kind beaded necklace
- #5. Sports-capade (12 kids max.)  
Every week a different sport will be played. Both indoor and outdoor activities planned.
- 2:30 - 3:45 p.m.
- #6. Jewellery Making with Avalee Prehogan (10 kids max.)  
Choice of a necklace, bracelet or hairclips
- #7. Stampers Studio Ages 9 - 12 (10 kids max.)  
Introduction to techniques used in stamp art. You will design a file folder and bookmark.  
**ESSENTIAL COURSE** for kids wanting to take our other stamping courses.
- #9. "Lights, Camera, Action" (15 kids max.)  
A video workshop with Sheldon Cohen on "Special Effects"  
"Lights, Camera, Action" is a video workshop. A videotape of the three classes will be made for the JCC.
- #9. Mask-Making with Linda Goldberg -Part I of III (10 kids max.)  
Make an exact copy of your face using Gypsone bandage. Bring a towel and smock.
- #10. Sports-capade (12 kids max.)

### APRIL 28

1:00 - 2:15 p.m.

- #11. Stampers Studio Ages 6 - 8 (10 kids max.)  
You will create and colour a jigsaw puzzle with line stamps.
- #12. Cartooning with Sheldon Cohen (15 kids max.)  
"Glow in the Dark Space Toons" Learn to draw aliens, spaceships and weird things that glow in the dark.
- #13. Weird Science with Claire Salmon (10 kids max.)  
Learn science tricks that will thrill and amaze your friends.
- #14. Sports-capade (12 kids max.)
- #15. Découpage with Linda Goldberg (10 kids max.)  
This paper art technique will transform simple items into works of art. Bring your own box, jar or bowl to work on (approx 12" x 6")
- 2:30 - 3:45 p.m.
- #16. Stampers Studio Ages 9 - 12 (10 kids max.)  
Learn stamping and sponging with brush markers. Create an envelope and stamp matching stationery
- #17. "Lights, Camera, Action" (15 kids max.)  
"Sound Effects" workshop with Sheldon Cohen. Act out some wild and funny skits with the help of sound effects.
- #18. Mask-Making with Linda Goldberg -Part II of III (10 kids max.)  
Use the mask you made in Course #9 to create a papier mache replica.  
New mask-makers will make a plaster bandage mask as in Course #9.
- #19. Sports-capade (12 kids max.)
- #20. Weird Science with Claire Salmon (10 kids max.)  
Electrifying science that's sure to be hair raising!

### MAY 5

1:00 - 2:15 p.m.

- #21. Jewellery Making with Avalee Prehogan (10 kids max.)  
Make a necklace, bracelet or hairclip.
- #22. Stampers Studio Ages 6 - 8 (10 kids max.)  
Create an artistic scene using a combination of stamps and stickers.
- #23. Cartooning with Sheldon Cohen (15 kids max.)  
"Flip Pads" Learn to draw famous cartoon characters and animate them.
- #24. Paint & Decorate Sneakers (10 kids max.)  
Linda Goldberg will help you jazz up your sneakers with lots of neat stuff.  
Bring your own sneakers to work on.
- #25. Sports-capade
- 2:30 - 3:45 p.m.
- #26. Art with Avalee (10 kids max.)  
Make a Mother's Day gift.
- #27. Stampers Studio Ages 9 - 12 (10 kids max.)  
Learn heat embossing on various materials. You will create a special doorknocker for your own bedroom.
- #28. "Lights, Camera, Action" (15 kids max.)  
"Wild West" Using costumes and saloon music, act out a big-stakes poker game.
- #29. Mask-Making with Linda Goldberg -Part III (10 kids max.)  
Decorate your mask made in Part I or II using a variety of fabulous materials and media.
- #30. Sports-capade (12 kids max.)

### MAY 12

1:00 - 2:15 p.m.

- #31. Stampers Studio Ages 6 - 8 (10 kids max.)  
Learn how to use "tollaround stamps" to decorate bags, wrapping paper and stationery.
- #32a. Soapstone Carving (full afternoon)  
Transform raw soapstone into a polished art piece, just like the Inuit do.
- #33. Houdini! Magic Club with Magician Alan Greenberg (14 kids max.)  
Learn through hands-on practise to create and perform the illusions of making objects appear, disappear, change shape and size.
- #34. Sports-capade (12 kids max.)
- 2:30 - 3:45 p.m.
- #32b. Soapstone Carving (continued)
- #35. Stampers Studio Ages 9 - 12 (10 kids max.)  
We will design and create special 3-D and pop up cards.
- #36. Houdini! Magic Club with Magician Alan Greenberg (14 kids max.)  
Learn different tricks of the trade!
- #37. Sports-capade (12 kids max.)

### MAY 26

1:00 - 2:15

- #38. Stampers Studio Ages 6 - 8 (10 kids max.)  
This class will coordinate all the previous techniques learnt to create a special Father's Day or Birthday Card.
- #39. Cermit Creation (25 kids max.)  
Create a candleholder using colourful cermit clay to decorate
- #40. Weird Science with Claire Salmon (10 kids max.)  
"Science Sense-a-lions" Getting in touch with all five senses.
- #41. Sports-capade (12 kids max.)
- 2:30 - 3:45 p.m.
- #42. Stampers Studio Ages 9 - 12 (10 kids max.)  
This final workshop will utilize all the techniques used in previous classes. We will produce a stamped composition within a beautifully embossed frame.
- #43. Cermit Creation (25 kids max.)  
Create your personalized keychain using colourful cermit clay.
- #44. Weird Science with Claire Salmon (10 kids max.)  
"Chemical Reactions" What a blast!
- #45. Sports-capade (12 kids max.)

### SUNDAY FUNDAY REGISTRATION FORM

Child's Name	Grade	APRIL 21	APRIL 28	MAY 5	MAY 12	MAY 26
<b>1:00-2:15</b>						
1st choice	#	#	#	#	#	#
2nd choice	#	#	#	#	#	#
<b>2:30-3:45</b>						
1st choice	#	#	#	#	#	#
2nd choice	#	#	#	#	#	#
Child's Name	Grade	APRIL 21	APRIL 28	MAY 5	MAY 12	MAY 26
<b>1:00-2:15</b>						
1st choice	#	#	#	#	#	#
2nd choice	#	#	#	#	#	#
<b>2:30-3:45</b>						
1st choice	#	#	#	#	#	#
2nd choice	#	#	#	#	#	#
<b>COST: ALL INCLUSIVE MENU (5 weeks, 10 courses) \$60.00</b> <b>SINGLE SERVINGS (a 2-course afternoon) \$15.00</b> Total Enclosed _____						
Parent's Name _____		Phone (H) _____		(W) _____		
Are there any health concerns we should be aware of? _____						
Emergency Contact _____		Phone _____				
Health Card # _____						

### Special school bonus

We will provide supervised lunch period from 12:00 to 1:00 p.m. in the main lunchroom for children in OMJS and Talmud Torah Sunday School. Parents — don't forget to pack a lunch.

### SUNDAY FUNDAY... YOUR MENU FOR FUN, FRIENDS

AND SPECIAL TREATS

SEATING LIMITED.

RESERVATIONS ESSENTIAL!







# Just Kiddin' Around



## WHAT'S BLOOMING THIS SPRING? JCC PRESCHOOL ACTIVITIES

At 881 Broadway  
For Children 3-5 Years Old

### GARINIM

Preschoolers have the opportunity to extend their nursery/junior kindergarten day in a semi-structured setting. Each day a different activity (listed below) is featured. Parents may choose to pick up their child after the activity or they can stay for extended care to socialize with peers in games, indoor and outdoor free play and snack time.

### ADVENTURES IN STORYLAND

Each week a different story will provide the theme for crafts, games and drama. Jewish stories will be emphasized.

Date: Mondays, April 16 to June 24\*

\* No class on May 20

Time: 12:00 - 1:45 p.m.

Extended care pick-up at 3:45 p.m.

Cost: \$90.00 (10 classes)

Plus \$40.00 for extended care

### CRAFTY KIDS

A fun-filled arts and crafts program that's sure to get those little hands messy.

Date: Tuesdays, April 16 to June 25

Time: 12:00 - 1:15 p.m.

Extended care pick-up at 3:45 p.m.

Cost: \$88.00 (11 classes)

Plus \$44.00 for extended care

### MINI MAESTRO

The focus is on music through singing, dancing, finger-plays, games, crafts and playing with instruments.

Date: Wednesdays, April 17 to June 26

Time: 12:00 - 1:15 p.m.

Extended care pick-up at 3:45 p.m.

Cost: \$88.00 (11 classes)

Plus \$44.00 for extended care

### WEIRD SCIENCE

This program is for the inquisitive child who is always asking "why?". Children will participate in some wild and whacky experiments, with hands-on activities that promote learning and foster the desire to discover.

Date: Thursdays, April 18 to June 20

Time: 12:00 - 1:45 p.m.

Extended care pick-up at 3:45 p.m.

Cost: \$90.00 (10 classes)

Plus \$40.00 for extended care

### KITCHEN KINDER

An introduction to food preparation, using simple recipes and emphasizing measuring and counting. Children will have fun creating kosher concoctions in this hands-on program.

Date: Fridays, April 19 to June 21\*

\* No class on May 24

Time: 11:30 a.m. - 1:15 p.m.

Extended care pick-up at 3:45 p.m.

Cost: \$90.00 (9 classes)

Plus \$36.00 for extended care

REGISTRATION IS NOW UNDER WAY  
SPACES ARE LIMITED  
CALL GALE AT 722-9235  
FOR MORE INFORMATION



A program  
of the  
Jewish Community Centre  
of Ottawa



Smiles All Round

JCC Day Care tots bring smiles to the faces of Hillel Lodge residents during Purim celebrations.

## Day Care youngsters visit Hillel Lodge

By Marie Stovicek

Director, JCC Day Care

This Purim, as has been our tradition since the JCC Day Care opened, our children went to Hillel Lodge to celebrate with their friends there.

This year, unfortunately, Purim was saddened by the senseless bombings in Israel. However, our children managed

to bring smiles to most of the faces of the Hillel Lodge residents.

The children sang their well-rehearsed songs and showed off their brightly decorated graggers. They proudly presented the residents with the gift baskets which they had worked so hard on.

For the residents it was not just the songs or the gifts which

brightened their day - it was the presence of the children themselves. These visits and contacts between the children of the JCC Day Care and their friends at Hillel Lodge are becoming an important part of our program.

They bridge the generation gap in a very lovely way and both children and residents gain from the growing relationship.

## Camp Corner



## Plans under way for new camp program

By Rhoda Levitan

JCC Camp Director

Day Camp '96 is well under way. On February 27, we had an open house for all staff applicants and it was a great success. Fifty young people turned out to reconnect with old friends, meet new ones and talk about JCC Day Camp for 1996.

Interviewing is now completed and hiring is taking place. Programming plans are well in the works as is an all new programme, including training for LITs and CITs.

Camp enrolment is ahead of last year at this time, especially in the younger age groups of children four to six years of age. If you don't have an application form, please call the JCC office at 789-1818.

Please note that we do have a limited budget for financial scholarships to help those who would otherwise not be able to share in the camp experience. Scholarship applications are available from our Executive Director Ann Lynn Lipton and must be submitted by April 15. All scholarship applications are

confidential. Remember - April 15 is also the cut-off day for early bird discounts.

We're confident that camp will be better than ever this summer. If anyone has any questions or suggestions about JCC Day Camp, please do not hesitate to call: Rhoda Levitan, 723-0688; Gale Kordish, 722-9235; or Cari Kerzner, 738-1962.

Our campers are going to have a wonderful summer. We hope your child will join us.

## Open these doors for

- More Judaica
- More Sports Instruction
- New Performing Arts Program
- New LIT and CIT Training
- New Science Program

To register  
call  
789-1818

## STAFF AT WORK



JCC  
SUMMER  
CAMP  
1996

Early Bird Bonus  
Register by April 15





# Gettin' Physical

## HEALTH & PHYS ED DEPT

### SIX-MONTH MEMBERSHIPS AVAILABLE FOR HEALTH CLUB AND GENERAL FITNESS PACKAGE

#### HEALTH CLUB PACKAGE

Includes: free toiletries, lounge, colour T.V., dry sauna, steam room, aerobic fitness machines, JCC noon exercise classes, outdoor pools (JCC and Broadview), free gym time.

#### GENERAL FITNESS PACKAGE

Includes: use of racquetball/handball courts, gym time, noon exercise classes, free physical consultation, weight training room, aerobic fitness machines, outdoor pools (JCC and Broadview).

For more information  
contact Jon at 789-1818



#### WEST END FITNESS

Date: March 1st to May 30th  
Time: 9:30 - 10:15 p.m.  
Cost: Contact Jon 789-1818  
Place: Agudath Israel  
Synagogue  
1400 Coldrey Avenue

#### NOON LOW-IMPACT FITNESS

Date: March 28th to June 28th  
Monday, Wednesday, Friday  
Time: 12:15 to 12:45 p.m.  
Cost: \$50  
Place: 151 Chapel

Free Fitness Programs  
Designed and Instructed  
by a Personal Trainer  
For More Information  
contact Jon at 789-1818

#### NOON HOOPS

Pick-up Ball  
Date: January to May 1996  
Tuesday and Thursday  
Time: 12:00 noon to 1:30 p.m.  
Cost: \$25  
Place: 151 Chapel

#### WEDNESDAY PICKUP BALL

Date: April to August  
Time: 7:00 - 10:00 p.m.  
Cost: \$50  
Place: 151 Chapel

#### AFTER SCHOOL SPORTS AT 881 BROADVIEW

For kids in grades 3, 4 and 5

#### FLOOR HOCKEY - TUESDAYS

Time: 4:00 - 5:00 p.m.  
Cost: \$20

#### BASKETBALL - THURSDAYS

Date: March 1 to May 1  
Time: 4:00 - 5:00  
Cost: \$20

#### PRE-TEEN FLOOR HOCKEY SESSION 2

Grades 6 & 7  
Place: 881 Broadview  
Time: Thursdays  
6:30 - 8:00 p.m.  
Cost: \$25

#### TEEN FLOOR HOCKEY SESSION 2

Place: 881 Broadview  
Time: Thursdays  
8:00 - 9:30 p.m.  
Cost: \$25

#### EXPOS TRIP

More information in an upcoming Bulletin!



### JEWISH MEN'S BASKETBALL LEAGUE WEEK 18 STANDINGS

Team	Wins	Losses	Points
White	14	4	46
Blue	14	4	46
Orange	8	10	34
Green	7	11	31
Royal	7	11	31
Red	3	15	24

#### TOP 10 SCORERS

Player	Team	Avg.	GP
1 Jeff Pleet	Blue	27.8	17
2 Joey Lyman	Orange	26.4	12
3 Mark Cantor	Green	25.7	12
4 Saar Gillai	Royal	22.1	16
5 David Siover	White	20.8	18
6 Bill Holzman	Royal	20.3	12
7 Ian Shabinsky	White	19.1	15
8 Dave Feldberg	Green	19.0	17
9 Mitch Novick	Blue	17.2	13
10 Jeff Polowin	Red	16.9	15

## Great snow made for great skiing



JCC ski bunnies get ready to hit the slopes.

By Jon Braun

JCC Director of Athletics  
JCC Ski School just completed another season up at Edelweiss Valley. There was a ton of snow this year, and everyone had a super time.

The instructors worked miracles with all the kids, helping each of them to improve his or her technique on the slopes.

What a great way to spend your Sundays in the wintertime, cruising down the slopes and hanging out with all your friends.

The JCC would like to thank all of our dedicated bus monitors for their special contribution to our program: Helen and Rick Zipes; Peter Stone; Ellie Kanigsberg; Lauren Hoffer; Elaine Freidberg; David Baker; and Catman (Adam Katz).

## The JMSL introduces Lob Ball!

By Jon Braun

Director of Athletics

The Jewish Men's Softball League is in the process of putting together its 1996 season.

The J.M.S.L. is a tradition in Ottawa's Jewish Community. From May until September every summer, over 200 men from the community get together, four evenings a week, for some fun, and exciting games.

Last summer, fourteen teams participated in the J.M.S.L. It was a great year, and according to our local scouts, everybody had an excellent time.

This season the league is planning on running three divisions. Division A is competitive conventional softball for four teams. Division B is a less competitive conventional format for six teams. New this season, the J.M.S.L. will be introducing a Lob Ball division for, hopefully, six teams.

Lob Ball is a very popular form

of softball where less emphasis is put on the pitcher and it becomes more of a hitter and fielder game. Lob Ball has taken off all over the country and the J.M.S.L. is convinced it will become extremely popular in our community. More games can be played and they are faster and more exciting as the ball is put into play more frequently.

If you are interested in any one of our three divisions, please contact Jon at 789-1818.

### Jewish Men's Softball League 1996 Season

- 1) Division A - Competitive
- 2) Division B - Recreational
- 3) Lob Ball - NEW NEW NEW

If you are looking to form a new team or get onto a team in any one of these 3 divisions, please contact Jon at 789-1818.

### 1996 JEWISH WOMEN'S SOFTBALL LEAGUE

A Great Way to Enjoy the Summertime With Your Friends!

Beginning in May All Games Played Tuesday Evenings at 881 Broadview

For More Information Contact Jon at 789-1818

## AT JCC SPORTS CAMP



"WE JUST WANT TO PUMP . . . YOU UP!"

Sports include: swimming instruction, soccer, basketball, football, gymnastics, racquetball, lacrosse, tennis, canoeing, waterskiing, mini-golf, bowling, fencing, horseback riding, windsurfing, Expos, Lynx, Roughriders Games

Space Limited

For more information contact Jon Braun at 789-1818



## JCC Theatreworks plans another "winner" with popular *Babes in Arms*

By Pat Neuman,

Co-producer, *Babes in Arms*  
JCC Theatreworks' production of *And the Winner Is!*... which took place at Centrepointhe Theatre February 7 to 10, garnered very positive reviews from local critics. Our heartfelt congratulations to our own Robert Gould, who wrote the book and lyrics for this original musical, and also served as producer.

Citizen reviewer Iris Winston called it a clear winner. He review was effusive in its praise for the play and its cast. CBC's Charles Haines remarked that "it works" and in referring to the cast noted that "the three finalists are good" which, for him, is a great compliment. CBC host Rob Clipperton followed the on air review by playing the new version of the Beach Boys classic, *Do It Again*. That is exactly what JCC Theatreworks is planning on doing.

Auditions have just been completed for JCC Theatreworks' 1996 annual teen play. This year, for its ninth production, JCC Theatreworks will be presenting the perennial favourite, Rodgers and Hart's *Babes in Arms*. This show is revived on Broadway every few years and remains the single most popular musical performed by university theatre groups throughout

North America.

The show has a story which revolves around the problems faced by a group of university students in summer stock in New England. Most of the parts are ideal for young performers.

The popularity of *Babes in Arms*, which has been called the best Rodgers and Hart musical, rests on the great classic tunes featured in the show, songs such as *The Lady is a Tramp*, *My Funny Valentine*, *Where or When*, *Johnny One Note*, and *I Wish I Were in Love Again*.

Following the auditions, the creative team of Jeff Kanter (artistic director), Drum Hudson (musical director) and Tami-Lynn Favilla (choreographer) decided to expand the cast to 24. The script called for a cast of 17, but because of the large number of strong singers and dancers who auditioned, accommodations were made to include more cast members. Audiences will see a most dynamic cast!

The producers would like to congratulate those who were cast and thank everyone who came out to audition. This year's talent was remarkable for its depth. We are confident that there is a strong pool of talent developing which will grace JCC Theatreworks

shows for years to come. Many of those whom we were not able to cast in *Babes in Arms* will, no doubt, be seen in future JCC productions.

The first cast read-through took place on Sunday, March 3 at the JCC. The directors were impressed by how well cast members had absorbed the characters they will be playing, even at this initial stage of production. The level of enthusiasm is very high - a trademark of JCC musicals.

Rodgers and Hart's *Babes in Arms* will be performed at Centrepointhe Theatre on June 5 to 9. Based on the reputation JCC Theatreworks has earned with recent productions, the play has already sold out one of its school matinees.

The creative team behind *Babes in Arms* is the same one which presented its first sold out show, the 1994 production of *Wizard of Oz*. To meet anticipated demand for tickets, producers have set aside additional choice patron tickets for the evening and Sunday matinee performances. Patrons are eligible to purchase this select seating and will be recognized in the souvenir program book. You can become a patron with a tax deductible donation of \$36.00. Simply call Andrea at the JCC, 789-1818.



Teen Power

Teens organize a fun-filled Purim Carnival for community youngsters.

## Teens organize Purim Carnival for community kids

By Andrea Morton  
JCC Teen Co-ordinator

The gym at BB1 Broadview was abuzz with an excited mob of little clowns, queens and Hamans on Sunday, March 3. Youngsters from all over the city, with proud parents in tow, ran from booth to booth, enjoying the games organized for them by community teens.

Approximately 200 people attended the JCC's annual community-wide Purim Carnival. Games, balloons, prizes, clowns and a Magic Show kept the

youngsters entertained. For two hours the gym was filled with the sounds of children's laughter.

Special thanks go to the following groups who made this event possible: B.B.Y.O., U.S.Y., N.C.S.Y., Tween Connection, Habonim Dror, the Israeli Program Centre, and the 39th Henry "Hank" Toronto Scout Troop. Thanks also go to our volunteer helpers: Ben and Debbie Baylin; Elyce Frydman, B.B.Y.O. advisor; Laurie Goldmann, U.S.Y. advisor; Meir Moran from the Israel Program Centre; and Alison Dowis, Habonim Dror Rosh Ken.



USY Purim Shpiel

St. Vincent Hospital's Jewish residents enjoyed a dramatization of the Purim Story from USY teens Stephanie Levitz (Haman), Jordan Melzer (King Ahashverush), Margret Broverman (Queen Esther) and Naorri Levitz (Mordecai). The teens were participating in the JCC's Project Keshet, which visited 22 seniors residences to celebrate Purim.

## Lively discussion highlights BBG mother-daughter Shabbat dinner

The BBG Chapter Yad B'Yad had a mother-daughter shabbat dinner on Friday night, February 23. The dinner was followed by a discussion on the roles and expectations of women and female teenagers.

Special emphasis was placed on the relationship between a mother and daughter and how those expectations are brought into our daily lives. Fran Cherry, a social psychologist from Car-

leton University, and Gerry Goldstein, a lawyer in our community, were guest speakers. Their talks were enlightening and raised many points which made for lively discussion.

The event drew 22 people to Lauren Ehrenworth's home for a delicious pot luck dinner and a very lively discussion.

Special thanks go to Mrs. Jane Ehrenworth and Lauren who so graciously opened their home.

### BBYO SPECIAL SPRING MEMBERSHIP FEE

Join NOW and receive the rest of this year and all of next year for only \$60.00

Membership valid to the end of June '97.

For more information call Matt Marcovitch at 820-4711 or Lauren Ehrenworth at 523-2771.

Remember... BBYO Spring Convention is coming up in May. Don't miss out. Become a member NOW.

JCC Theatreworks presents its  
9th Annual Teen Production

Rodgers & Hart's

## *Babes in Arms*

The most popular Rodgers & Hart musical

A fun show about 15 teenagers playing summer stock theatre.  
Featuring timeless Rodgers & Hart classics including:  
"The Lady is a Tramp" "My Funny Valentine" "Where or When"  
"Johnny One Note" "I Wish I Were In Love Again"

Producers Pat & Morris Neuman  
Musical Director Drummond Hudson

Director Jeff Kanter  
Choreographer Tami-Lynn Favilla

Centrepointhe Theatre  
June 5-9, 1996

Centrepointhe Theatre  
Charge by phone 227 9650  
Surcharge 10-11-1



**PASSOVER PRODUCTS****A guide to Passover products****Salt**

The Canadian Salt Company Ltd. (Wind-  
sor Salt)  
Sifto Canada Ltd.

**Margarine/oil Products**

Vegarine (pareve)  
**Pickled and Marinated Products**  
Feature Foods Ltd.  
Strub Brothers Ltd.

**Dairy Products**

**Astro Dairy Products Ltd.:** Cottage-  
Cheese, Cream Cheese Spread, Pressed  
Cottage Bakers Cheese, Pressed Cottage  
Cheese, Sour Cream, Yogurt.

**Ault Foods Ltd.:** Lactantia  
Pure Filter Milk, Sealtest Milk.  
**Beatrice Foods:** Milk.  
**Cheese Lovers:**  
**Hard Cheeses:**  
**Fieldfresh Farms Inc.:** Milk.  
**Great Canadian:**  
**Hard Cheeses:**

**Kofman-Barenholtz Foods:**  
Galilee Hard Cheeses.  
**Lana Brand:** Cottage Cheese,  
Cream Cheese, Hard Cheeses,  
Pressed Cottage Cheese, Sour  
Cream, Yogurt.

**Liberty:** Cottage Cheese.  
**Neilson Dairy:** Half & Half  
Cream, Milk.

**Westhill Dairy Inc.:** Birds Hill  
Sour Cream, Blue Bell Cottage  
Cheese, Mandels Cream  
Cheese, Old Country Butter;  
Western Brand Mashlanka  
Buttermilk, Cottage Cheese,  
Cream Cheese, Cream Cheese  
with Chives, Sour Cream,  
Yoggi, Yogurt.

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Fish, Smoked Salmon.

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Products, Smoked Lox.  
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**Airline Meals**

All meals served on the airlines during  
Pesach are specially sealed and  
stamped "COR Kosher L'Pesach".  
*Kosher for Passover meals must be  
requested by your travel agent or airline  
in advance.*

**General Guidelines**

- Brown sugar and icing sugar should be used only with Passover supervision.
- Cosmetics, toiletries, soap, topical medications, which are in solid form or are thick creams, ointments and salves, may be used (preferably without perfume). Please consult your rabbi about wheat and oat based soaps.
- The following items, preferably unscented, when applicable, are permissible on Passover (excluding Sabbath and Yom Tov): nail polish, hand lotion, hand cream, cold cream, unscented baby lotion, baby

cream, shampoo (without wheat), shoe polish, ink, paint, solid air freshener, nail polish remover, stick deodorants, eye shadow, eyeliner, mascara, blush and rouge, non-flavored new lipsticks.

• The following may contain chometz: pet and fish food (i.e. hydrolysed vegetable protein, starch, etc), baby powder. The following are chometz: Play Dough and Post-tum.

• Balloons and rubber gloves may have starches inside.

• Plastic bags and wraps do not need Passover supervision.

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Monday	April 1	9:00 am - 10:00 pm	Wednesday	April 3	9:00 am - 2:00 pm

## COMPLETE DINNERS FOR PASSOVER

### DINNER #1 Korekh Special

Seder plate  
Gefilte fish  
Chicken soup & matzoh balls  
Roasted chicken  
Potato kugel  
Carrot tsimmes  
Assorted cakes and cookies  
Fruit salad

**\$22.95 per person**

### DINNER #2 Mahnishtanah Potpourri

Seder plate  
Chopped liver  
Chicken soup & matzoh balls  
Roast brisket  
Kishka  
Potato kugel  
Carrot tsimmes  
Assorted cakes & cookies  
Fruit salad

**\$24.95 per person**

### DINNER #3 The Whole Mishpahah

Seder plate  
Gefilte fish  
Chopped liver  
Chicken soup & matzoh balls  
Eggplant  
Marinated vegetable salad  
Stuffed roast turkey  
Roast brisket  
Carrot tsimmes  
Apple kugel  
Potato kugel  
Assorted cakes & cookies  
Fruit salad

**\$29.95 per person**

**Minimum 10 people**

**Please use our order form for your convenience**

<input type="checkbox"/> Passover rolls	<input type="checkbox"/> Apple kugel	<input type="checkbox"/> Roast turkey
<input type="checkbox"/> Marinated vegetable salad	<input type="checkbox"/> Potato latkes	<input type="checkbox"/> Smoked turkey
<input type="checkbox"/> Eggplant	<input type="checkbox"/> Sweet & sour meatballs	<input type="checkbox"/> Roast brisket
<input type="checkbox"/> Horseradish	<input type="checkbox"/> Garlic spareribs	<input type="checkbox"/> Rib eye roast
<input type="checkbox"/> Cole slaw	<input type="checkbox"/> Sweet & sour spareribs	<input type="checkbox"/> Veal brisket (stuffing optional)
<input type="checkbox"/> Potato salad	<input type="checkbox"/> Matzoh balls	<input type="checkbox"/> Chicken loaf
<input type="checkbox"/> Fruit salad	<input type="checkbox"/> Chicken soup	<input type="checkbox"/> Smoked turkey roll
<input type="checkbox"/> Kishka	<input type="checkbox"/> Cabbage rolls	<input type="checkbox"/> Smoked veal roll
<input type="checkbox"/> Gefilte fish	<input type="checkbox"/> Roast chicken	<input type="checkbox"/> Smoked veal brisket
<input type="checkbox"/> Chopped liver	<input type="checkbox"/> Chicken Kiev	<input type="checkbox"/> Bologna
<input type="checkbox"/> Carrot tsimmes	<input type="checkbox"/> Lemon chicken	<input type="checkbox"/> Smoked meat
<input type="checkbox"/> Farfel stuffing	<input type="checkbox"/> Southern fried chicken	<input type="checkbox"/> Salami
<input type="checkbox"/> Carrot kugel	<input type="checkbox"/> Stuffed squab	<input type="checkbox"/> Tongue
<input type="checkbox"/> Farfel kugel	<input type="checkbox"/> Boneless stuffed squab	<input type="checkbox"/> Karnatzel
<input type="checkbox"/> Potato kugel		<input type="checkbox"/> Hot dogs & knockwurst

<input type="checkbox"/> Vegetarian cabbage rolls
<input type="checkbox"/> Moussaka
<input type="checkbox"/> Chicken creole
<input type="checkbox"/> Chicken almonline
<input type="checkbox"/> Bialystok tsimmes
<input type="checkbox"/> Chicken caecatore
<input type="checkbox"/> Rolled turkey breast Moretine
<input type="checkbox"/> Potato knishes

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## OTI/Machon Sarah extension classes

By Adele Sidney

Rabbi Boruch Clinton, faculty member at the Ottawa Torah Institute and Machon Sarah High School, conducts regular study sessions open to the public.

For the last 18 months, the rabbi has been leading an interactive discussion on Sundays at 8:00 pm at the home of Tom Caplan. Clinton describes the class as more conceptual than technical so that, while some Jewish studies background might be helpful, it is certainly not necessary and new participants are welcome.

Although it's now in temporary recess until after Passover, the rabbi also leads a women's class in the study of Proverbs (Mishlei) with the commentary of the Vilna Gaon. The class convenes at the Clintons' home at 477 Churchill Avenue. No special background is necessary and all women are invited to attend.

For more information about either of these classes, call Rabbi Clinton (798-1834).

Rabbi Clinton and Ben Gailor are planning Rosh Chodesh "Lunch and Learn" sessions for both men and women. Issues involving Torah and technology will be investigated. There will be a charge of \$3.50 for lunch.

To reserve or for additional information, leave a message at CTI (789-5658) or send an e-mail message to "ai917@freenet.carleton.ca".



## ORGANIZATIONS AND PEOPLE

### Mazal Tov!

#### It's a boy!

Joanie Asch, Warren Jones and big brother Spencer welcome with love, Jason Daniel, born at the Grace Hospital on March 10, 1996, weighing 7 lb 13.5 oz.

All of Jason's extended family in Montreal are thrilled with this newest member of the family.

#### Engaged!

Esther and Alan Williams are pleased to announce the engagement of their son Zev to Lilly Eisenstat, daughter of Susan and Sandy Eisenstat of New York City.

Proud grandparents are Rose Williams of Montreal and Sarah Caplan of Washington, D.C.

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- Omanut ..... Arts and crafts and drama
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Camp Director Meir Moran

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## ORGANIZATIONS AND PEOPLE

### MAILBAG

#### Promoting Jewish education at secondary level

Dear members of the Ottawa Jewish community,

Our daughter is currently attending the Yitzhak Rabin High School and is finding the program both challenging and rewarding. This fledgling school which opened its doors a few months ago is seriously in need of broad Jewish community support. In Montreal and Toronto, not only do traditional Jewish families send their children to further their Jewish knowledge at the high school level, but children of secular and non-observant homes flood these schools as well. These parents recognize the importance of strengthening the Jewish identities of their children through the study of Jewish history, Hebrew litera-

ture and religious tradition.

All people undoubtedly pick and choose the extent and level of their observance, but at least the students should be given the tools to make an informed decision. Educated people would never consider their mathematics education complete at the grades 7-8 level. Then why do they cut short Jewish education, when it has such serious ramifications?

Ultimately, the continuity of our young Jewish population of Ottawa rests with each individual family. It is our responsibility to promote Jewish education at the secondary level.

Shelley and André Engel

#### Ask for Holocaust stamp

Dear Editor,

Canada Post printed 15 million stamps especially to

commemorate the Holocaust.

I receive many letters from Jewish organizations and I have yet to see one using the Holocaust stamp. They cost the same as any regular stamp (45 cents).

I am making an appeal to all organizations and to all users of stamps to please ask for these stamps when purchasing. The vendor might not have any in stock, but the purchaser should insist on buying that particular stamp. If enough people request these stamps, then perhaps Canada Post will ensure that this issue will be kept in stock at all post offices.

On behalf of all Holocaust victims, let's not forget.

Morton Tuller



### Canadian university students offered unique Israel experience

Kefiada '96, a program that brings English-speaking counselors to volunteer in Israeli day camps, is looking for Canadian counsellors. As an enticement, Israel's Ministry of Education will pay approximately 50% of the airfare cost to Israel and provide counsellors with training, room and board and a small living stipend during their stay in Israel.

Eli Rubenstein, director of young leadership development at UIA, praised the program: "In the main, university students face three challenges when they consider an Israel experience: how they will pay for the flight to Israel, how they will cover their costs once they are in Israel, and how they can make a meaningful contribution to Israel and establish close connections with her people. Kefiada '96 addresses all three concerns. The trip to Israel is partially subsidized, the land cost in Israel is completely covered and, most importantly, Kefiada allows the Canadian students to form close relationships with Israelis - campers, fellow Israeli counsellors and their host families."

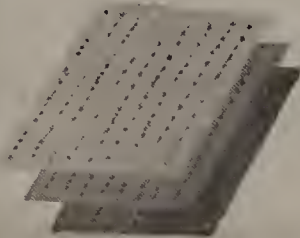
Kefiada '96 runs from June 19 to July 25. The five-week program comprises two weeks of on-site preparation and training seminars followed by three weeks of day camp activities with Israeli children ages 11-14. University students, ages 19-25, with prior camping or youth work experience, are eligible to apply. For further information on Kefiada '96, contact Roberta Malam (1-800-667-ISRAELI).

### MAILBAG

#### Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership. The OJB reserves the right to refuse, edit or condense letters. The Mailbag column will be published as space permits.

# THE MATZOH OF UNITY



(To be recited during the Seder at Yachatz - when breaking the middle Matzoh)

**W**e are about to take the middle Matzoh and divide it in half. As we break this matzoh and set it aside, we link ourselves symbolically with all Jews throughout the world, especially those who have lived under the heel of the oppressor.

Our Seder meal will not conclude until the missing piece of Matzoh is found and returned to the table. The Matzoh, when restored, shows the desire of our people to be together as one, at peace. As Jews, we are a people of sacred fragments; we need help from G-d to bond together in everlasting unity.

At this season of Pesach, we remember the mitzvah recited more than any other in the Torah, "Remember the plight of the stranger, for you were strangers in the land of Egypt."

We recall Jews who endured suffering in the former Soviet Union. Their faith was suppressed, the teaching of Hebrew outlawed, and public gatherings a risk. Economic, political, and religious hardships were, sadly, normal parts of life.

Today the Star of David rises proudly, but the shadow of the hammer and sickle may yet be revived. Schools, synagogues, centres and social agencies now struggle to take root. We are proud that we too "remembered the plight of the stranger" and acted to bring hope to those in need.

Jews who left Ethiopia and other devastated countries endured famine and starvation, depravation and want. However, they found a home within the family of Jews the world over, in the heart of the Jewish people, in Israel. They experienced a modern exodus to live in freedom and to bring their children and grandchildren to a land sworn to us by our ancestors.

But our work is not done. We need *ahavat beenam*, boundless love for the Jewish people, in order to continue our efforts at absorbing them into Israel. Justice is our task, righteousness our action, and a better world for Jews and all people our goal.

May this Matzoh, the bread of affliction, remind us of our history, and challenge us to create a bright future for Jews the world over.



**United Jewish Appeal  
of Ottawa  
1996 Campaign**



## ART

### Art Works/ Rose Ann Hoffenberg

#### OSSIP ZADKINE

"... an inexplicable power  
to stir the emotions"

Ossip Zadkine (*Ottawa Jewish Bulletin*, February 19, 1996) developed a passion for literature, music, art and nature at a young age. He was born in Smolensk but his father was wise enough to send him to Paris to study art when he realized his son's yearning for sculpture was not just a passing phase. In Paris Zadkine broke with the traditional sculpture being taught at the Ecole des Beaux Arts to develop his own style.

The artist's initial success was put on hold when the First World War broke out and he joined the French Army. His nightly war sketches, filled with the misery of the wounded and human tragedy, continued until he himself was gassed in 1918. He returned to Paris sick, penniless and completely broken morally and physically.

Slowly he regained his need to work and by 1920 was exhibiting at the Salon des Artistes Indépendants and the Salon d'Automne. The sculptural forms were elongated and

seem to follow the architectural structure of a column or a pillar, such as the *The Prodigal Son* (photo left). However, the geometric, harsh angles and rational approach of cubism which dominated his earlier works were slowly replaced by accentuated curves, the harmony of rhythm and the softness of movement, as you can see in *The Three Graces*, a mature work (right photo).

Zadkine responded to his environment with works that were highly charged with emotion. Torment marked his figures and his style became more markedly baroque with the rise of Nazism in Germany. The sculptor was forced to flee France in 1941 and went to New York where he taught at the Arts Students League.

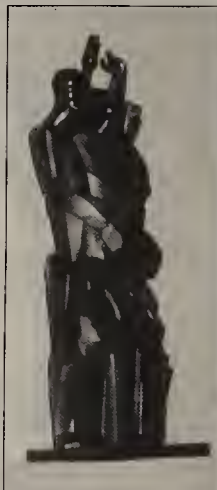
The principle message he conveyed to his students was "a sculpture is nothing but an object made of stone, wood or bronze, whose form and lines contain, and always will contain, a harmonious mystery and especially an inexplicable

power to stir the emotions". Indeed, the emotive element of the artist combined with that of the viewer produces a powerful result.

Zadkine returned to France as soon as the war was over and completed his well known sculpture of *The Destroyed City* in Rotterdam. His early love of nature inspired his desire to see his statues live in the open air. Works such as *The Human Forest* (12 feet high) in Jerusalem, which stands in front of the Van Leer Foundation for the Development of Human Culture; or the *Monument of van Gogh*, which resides at the burial place of Vincent van Gogh at Auvers-sur-Oise\*, or reliefs for facades of buildings such as *Dwelling* on the Netherlands Bank in Amsterdam fill this desire. However, I notice that in any location, in every work, the passion of humanity emerges from the sculptor's personal sensibility towards life. Zadkine died in Paris in 1957.

\*Zadkine also rendered a poignant larger-than-life bronze sculpture of the brothers Vincent and Theo van Gogh, arms entwined, hands firmly clasped together, faces unidentifiable to symbolize the unity of these two souls in general. This monument can be seen at van Gogh's birthplace, Zundert, Holland.

Zadkine will be mentioned in a talk about van Gogh that I will be giving at the National Gallery of Canada the last two Thursdays of April at 12:15 pm.



Ossip Zadkine, *The Return of the Prodigal Son*, 1957. National Gallery of Canada.



Ossip Zadkine, *The Three Graces*, National Arts Centre, Ottawa.



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לכל איש יש שם

# Yom HaShoah

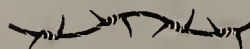
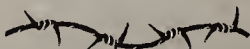
Tuesday

April 16, 1996

Jewish Community Centre

151 Chapel Street

7:00 pm



A Community Commemoration



## ORGANIZATIONS AND PEOPLE

### Weizmann research: reducing friction a thousandfold - or more

Friction is the main source of inefficiency in most machines, from automobiles to the hard drive in your computer.

The standard method of reducing friction is to coat solid surfaces with lubricants. But under pressure, ordinary lubricants are squeezed out, leaving a thin, viscous layer that causes friction to increase once again.

Now a Weizmann Institute scientist has discovered a new approach that may lead to smoother operation. In the course of studying the physics of polymers - very large, flexible, chainlike molecules - Prof. Jacob Klein and his team noticed an unusual phenomenon.

He coated two solid surfaces, immersed in a liquid, with a layer of long, flexible polymers, attaching one end of the polymer to each surface while leaving the other end loose like the bristles of a brush. When the two solid surfaces were compressed, a fluid layer formed between the polymer "brushes", enabling them to glide smoothly past each other. Even under pressure this layer remained fluid. While a typical good lubricant reduces friction 10- to 50-fold, these polymer brushes reduced it 1,000-fold,

or more in some cases.

The discovery was made thanks to equipment designed by Klein and his team, which enabled them to look with unprecedented sensitivity at how two surfaces slide past each other when the gap between them is compressed to a few millionths of a centimetre.

The findings - published in the

prestigious journal "Nature" - suggest a whole range of novel lubrication strategies based on polymer brushes. The Weizmann discovery may also help explain the lubrication mechanisms of the body's joints - nature's most efficient friction reducer - and shed some light on how to mimic their surfaces when constructing prosthetic limbs.

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### LOCATION

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## KID LIT



### KID LIT

DEANNA SILVERMAN

Passover is one of three festivals designated as special times of gladness. Yet, probably because of the hard work required to prepare for the holiday and the seriousness of the Exodus story, we sometimes forget to value that gladness.

The Haggadah, however, reminds us of gladness even as it recalls the misery of slavery and God's miraculous interventions. Gladness pervades many of the traditional seder tunes, including those cross-generational favorites *Dayenu*, *Who Knows One?* and *Chad Gadya*. Gladness exists in our feasting and in our hallelujahs praising God.

And gladness is definitely a major feeling as family and friends gather at seders. We reaffirm commitments to one another at the same time as we remember our ancestors' and our own deliverance from Egypt.

The following two books carry the theme of Passover gladness to new heights of togetherness, joy and love.

#### The Matzah That Papa Brought Home

By Fran Manushkin  
Illustrated by Ned Bittinger  
Scholastic Inc. 1995  
Unpaged Ages 2-7

What better way to capture the spirit of a family's lively Passover seder than by imitating the style, joy and movement of its happiest songs? That's exactly what Fran Manushkin does in *The Matzah That Papa Brought Home*.

Its "story" is a rollicking cumulative poem that captures the major themes of the seder with a minimum of words and a maximum of imagery and effect. Read it stanza by stanza as rap. Read it together or as a round. Anyway you read it, bubbles of laughter will

well up to delight all ages.

Ned Bittinger's full color candlelight-toned illustrations beautifully capture the energy, spontaneity and immediacy of a happy family enjoying itself to the fullest. Pay special attention to the faces. They are a storyboard of emotion in their own right.

#### Passover Magic

By Roni Schotter  
Illustrated by Marilyn Hafner  
Little, Brown  
and Company 1995  
Unpaged Ages 4-8

*Passover Magic* blends the annual magical renewal of spring with the spiritual magic of Passover and a family's slight-of-hand and full-of-fun dentist/magician uncle. The result is a story of a family seder that is so fresh, vivid and joyous it seems real.

The tone of warm, gentle humor and breakneck speed activity is set on the first page. "Passover comes and with it, the relatives!" Grandparents, aunts, uncles and cousins including Uncle Harry, an amateur magician, and his new wife, Aunt Eda, descend on Molly and Benjamin's house.

Each relative has a distinct personality. Each assumes responsibility for one or more of the Passover preparations. Each contributes a little something extra to the pre-seder jitters. Topping them all is Uncle Harry who uses his bag of tricks to solve one problem after another.

When, at the seder, Grandpa slips the *afikoman* to Uncle Harry we know something special will happen. And it does. From oldest to youngest the children close their eyes and think of what Passover means to each of them. Only after that can the *afikoman* be found, gifts handed out, and Elijah welcomed. This very spe-

## PASSOVER MAGIC

Written by Roni Schotter Illustrated by Marilyn Hafner



Little, Brown and Company  
Boston New York Toronto London

cial seder ends with everyone singing and dancing in "a large circle of love".

Marilyn Hafner's cartoon-like full-color illustrations sparkle with gaiety, action and love. Full of robust detailed fun, they capture the uniqueness of each relative's personality, the pleasure they take in one another and in the seder. Please, may I be a guest next year?

From my family to yours, Happy Passover. May your seders radiate gladness and renewal.

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### Soups

Cabbage soup  
Chicken soup  
Potato soup  
Vegetable soup

### Appetizers and Salads

Beet salad  
Cole slaw (creamy or vinaigrette)  
Cucumber salad  
Eggplant salad  
Potato salad  
Chopped liver  
Gefilte fish  
Ratatouille

### Side Dishes

Apple kugel  
Farfel kugel  
Potato kugel  
Potato latkes  
Potato knishes  
Tsimmes (container)

### Main Course Dishes

Assorted deli meats  
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## FROM SOUP TO NUTS

## A Passover menu guaranteed to please!

SOUP  
TO  
NUTS

DONNA KARLIN

Cooking something new for Passover is a definite challenge. We all seem to go to our old menus over and over again, with a few changes here and there. My motto has always been, don't try to change something that's already tried and true and enjoyed by all. So every year I make a veal brisket with a "pocket" for stuffing. The only thing I sometimes change from year to year is what it's stuffed with. Along with the veal, I make a large roast chicken or small turkey to please everyone's palate. Here is a Passover menu guaranteed to be a crowd pleaser. Enjoy these recipes as you celebrate with your families and friends.

## Stuffed Breast of Veal

## Brisket

1 large veal breast with bones and pocket  
Salt and freshly ground black pepper to taste

Sweet paprika  
Garlic powder

2 cups chicken broth

## Stuffing

3 tbsp oil

1 large onion, peeled and chopped

1/2 lb mushrooms, wiped clean and coarsely chopped

2 cloves garlic, crushed

10 oz pkg. frozen chopped broccoli,

thawed and drained well

2 scallions, chopped

Grated rind of 1/2 orange

8-10 soft dried apricots, cut into pieces

1 1/2 cups matzo farfel

2 eggs

Salt and freshly ground pepper to taste

2 tsp chopped fresh parsley

Prepare the stuffing: Heat the oil in a skillet. Sauté onion until golden brown. Add mushrooms and garlic and sauté until the liquid has evaporated. Place in large bowl and cool slightly. Stir in broccoli and farfel. Add the scallions, orange rind and apricots and mix well. Add the eggs and seasonings. Set aside.

Preheat oven to 375°. Stuff the pocket of the veal with the stuffing mixture. Press in tightly to compact it. Place the veal in a foil-lined roasting pan. Pour the broth over the meat and season with salt and pepper, quite a bit of garlic powder and paprika. Cover pan very tightly with foil and roast for about 1 1/2 an hour. Lower heat to 350° and roast an additional 3 hours or until fork tender. Cool and slice between bones. Return to pan and cover. Roast an additional 30 minutes until very soft. Serves 8-10.

## Fruit Sweet Potato Tsimmes

3 large sweet potatoes, peeled and thinly sliced

4 large carrots, thinly sliced

1 small butternut squash peeled, seeded

and thinly sliced

1/4 cup dark raisins

1/2 cup pitted prunes

1/2 cup coarsely chopped dried apricots

1/4 cup chopped pitted dates

Grated rind of 1 orange

2 tbsp sugar

1/4 cup honey

Grease a 9x13" baking pan. Preheat oven to 350°. Layer the sweet potatoes, carrots, raisins, prunes, apricots and dates. Sprinkle with grated orange rind, juice, sugar and honey. Bake for 1 1/2 hours or until vegetables are very tender. Serves 10-12. Can be made ahead and reheated.

## Spinach Kugel

2 10 oz boxes frozen chopped spinach,

defrosted and squeezed dry

2 cups chopped white of leeks or chopped onion

1 tbsp oil

2 eggs

1 tsp chopped fresh parsley

1 tsp chopped fresh dill

4 cups matzo farfel

6 eggs whites

Pinch nutmeg

1 tbsp matzo meal

Salt

Freshly ground pepper to taste

Preheat oven to 350°. Place spinach in large mixing bowl. In skillet sauté leeks or onion until soft. Remove from heat and add to the spinach. In processor, chop herbs. Add the 2 whole eggs, salt, pepper, nutmeg and process for 2 minutes, scraping down the bowl. Pour into spinach mixture. Mix in farfel. Beat egg whites with clean beaters and fold into spinach mixture. Lightly grease a 9" round pie shaped pan and dust with matzo meal. Shake out excess. Pour mixture into pan and bake at 350° for 45 minutes. Cut into wedges and serve.

## Apricot Fig Almond Torte

6 eggs, separated

3/4 cup sugar

1/2 cup finely chopped dried figs

1/2 cup finely chopped apricots

1 cup ground almonds

1/3 cup matzo meal

1 tbsp grated orange peel

3/4 tsp cinnamon

1/2 tsp vinegar

1/4 tsp salt

Grease the bottom of a 9" springform pan and dust with matzo or cake meal. Shake out excess. Combine the figs and apricots with the ground almonds, the matzo meal, orange peel and cinnamon. Process in processor until well blended. In a mixer, beat egg yolks until thick and lemon colored. Gradually beat in the sugar. Stir in apricot-fig mixture. In a clean bowl with clean beaters, beat egg whites until foamy. Add vinegar and salt and beat until stiff but not dry. Stir 1/3 of the whites into the apricot mixture. Fold apricot mixture into remaining whites. Spread batter evenly in pan and bake in preheated 350° oven for 30-35 minutes until tester comes out clean. Cool 10 minutes. Cut around edge of pan and remove side of springform. Cool completely. Wonderful with fresh fruit.



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## DONATIONS

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following as at March 6, 1996

### RUTH AND IRVING AARON FUND

Best wishes to Ruth and Irving Aaron on the forthcoming marriage of their son Jeffrey by Rickie and Joe Loomer; and by Milton and Terry Viner.

### ROSE AND LOUIS ACHBAR MEMORIAL FUND

Best wishes to Marjorie Achbar on her special birthday by Dorothy and Herb Nadolny.

### SAMUEL AND JEAN AKERMAN MEMORIAL FUND

Mazal Tov to Naomi Cracower on her special birthday by Sheila and Larry Hartman.

### CAYLA AND LITTMAN CARDASH MEMORIAL FUND

Mazal Tov to Rose and Chick Taylor on the birth of their grandson by Mr. and Mrs. Philip S. Lewis and family.

### RABBI DR. EDWARD YEHUDA CARDASH MEMORIAL FUND

Mazal Tov to Rose and Chick Taylor on the birth of their grandson by Moe Cardash.

Best wishes to Rabbi J. Cement for a r'luah sh'lemah by Moe Cardash.

### CARLOFSKY FAMILY EDUCATIONAL FUND

Best wishes to Abe Hochberg for a r'luah sh'lemah by the Carlofsky family.

Best wishes to Joe Shenkman on his birthday by the Carlofsky family.

Best wishes to Sam Epstein for a r'luah sh'lemah by the Carlofsky family.

### ARTHUR AND LINDA COGAN FUND FOR YOUNG WOMEN'S LEADERSHIP COUNCIL

Best wishes to Naomi Lipsky Cracower on her special birthday by Maria and Mark Spergel.

### DAVID AND QUEENIE DODEN FUND

In memory of Trife Caplan by Marlene, Howard, Tamara and Jessica Cohen.

In observance of the Yartzheit of a beloved mother and bubbie Queenie Cohen by Judy, David, Michael and Miriam Katin.

### JOAN AND MICHAEL COMAY MEMORIAL FUND

In memory of Joan Comay by Dorothy and Herb Nadolny.

### BENJAMIN AND FREDA FEINSTEIN FUND

In memory of Jennie Whitman by Pearl and David Moskovic.

### HARRY FINE MEMORIAL FUND

In memory of Esther Margolian's father by Sara and Hugh Shabsbove.

### JACOB GLADSTONE MEMORIAL FUND

Best wishes to Beverly and David Rickhaus on their 25th wedding anniversary by Susan Trainoff.

Best wishes to David Wasserman and Nancy Trudel on their first wedding anniversary by Susan Trainoff.

Best wishes to Linda and Victor Salem on their wedding anniversary by Susan Trainoff.

In observance of the Yartzheit of a beloved mother Lillian Wasserman by Susan Trainoff.

### STAN AND LIBBY GLUBE FAMILY FUND

Mazal Tov to Bill Leith on his special birthday by Vera, Malcolm, Mark and Sharon Glube.

### ANN GLUZMAN MEMORIAL FUND

In memory of Esther Levin by Ingrid, Gerry, Stephanie and Naomi Levitz.

### GEORGE AND MARY GOLDBERG FUND

In observance of the Yartzheit of a beloved mother and grandmother Ethel Eskin Goodfield by



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## Jewish Community Foundation Donations

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Mary Goldberg and family.

### EVA, DIANE AND JACK GOLDFELD MEMORIAL FUND

Mazal Tov to Morley Goldfield on the engagement of his son Gary to Allison Saxe by Terry and Milton Viner.

In observance of the Yartzheit of a dear friend Hymie Whitman by Morley Goldfield.

Best wishes to Gladys and John Greenberg on the birth of their granddaughter by Morley Goldfield.

A donation has been made to the Eva, Diane and Jack Goldfield Memorial Fund by Morris Schachnow.

### JACOB AND SARAH GORDON MEMORIAL FUND

In memory of Jacob Gordon by Phyllis and Carl Goldstein and Geoff English.

### PAULINE GOTTHEIL MEMORIAL FUND

In memory of Pauline Gottheil by Bert and Sophie Koenig.

### GREENBERG, HUTT, KONICK FUND

Best wishes to Morrie Konick on his birthday by Mark, Maia, Andrew, Samantha and Evan Spergel.

### FRITZ AND MAX (CHIEF) GREENBERG FUND

In observance of the Yartzheit of a beloved father and grandfather Paul Jacob (Jake) Ferkin by Norm, Debbie and Vicky Ferkin.

### GILBERT AND BESS GREENBERG MEMORIAL FUND

Mazal Tov to Karen and Ian Zunder on the birth of their daughter Dayna by Roger Greenberg and Cindy Feingold and family.

In memory of Moe Siminowitz by Roger Greenberg and Cindy Feingold and family; and by Manon Greenberg and Richard Samuel and family.

### LAURA AND MILTON GREENBERG FUND

Mazal Tov to Rose and Chick Taylor on the birth of their grandson by Laura Greenberg.

### NORME GREENBERG MEMORIAL FUND

Mazal Tov to Rose and Chick Taylor on the birth of their grandson by Lillian Cardash.

### HILLEL ACADEMY ENDOWMENT FUND

Best wishes to Liz Lesh for continued good health by Cindi and Mark Resnick.

In memory of Esther Panitzky's father by Cindi and Mark Resnick.

### HILLEL LODGE ENDOWMENT FUND

In memory of Isadore Fletcher by Ann and Art Lazear.

In memory of Mollie Levine by Maria and Mark Spergel and family.

Best wishes to Dena and Herb Gosewich on the birth of their grandson Benjamin by Dorothy and Herb Nadolny.

### HY AND PAULINE HOCHBERG FUND

Mazal Tov to Anita and Ed Landis on the

engagement of their son Evan by Pauline Hochberg.

### DOROTHY AND HY HYMES FUND

In memory of Tony Papini's wife by Rhea Hymes Hochstadler and Hy Hymes.

### JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND

Mazal Tov to Brenda and David Saxe on the engagement of their daughter Allison to Gary Goldfield by Judi, Elliott, Brynn and Jason Hoffman.

### JEREMY KANTER MEMORIAL FUND

Mazal Tov to Harry Mandelcorn on his 85th birthday by Evelyn and Lou Eisenberg.

### MAX AND DORA KAPINSKY KARP MEMORIAL FUND

Best wishes to Lil Saslove on her special birthday by Etta Karp and family.

### ABRAHAM AND TZIPORA KARDASH MEMORIAL FUND

Best wishes to Chick and Rose Taylor on the birth of their grandson by Dorothy and Ben Greenberg.

### EVA AND ISRAEL KARDISH FUND

Mazal Tov to Chick and Rose Taylor on the birth of their grandson by Gale and Victor Kardish.

### SAMUEL AND TILLIE KARDISH FUND

Mazal Tov to Jeff and Susan Taylor on the birth of their son by David and Joy Kardish and family; by Cheryl and Brian Levitan and family; and by uncle Sam Kardish.

In memory of Siema Sienkiewicz by Cheryl and Brian Levitan and family, David and Joy Kardish and family, Sam Kardish, and Larry and Jill Kardish.

### KOVDD FUND

In memory of Ann Gilbert by the Jewish Christian Dialogue Committee.

### RIVA AND ABRAHAM KROLL MEMORIAL FUND

Mazal Tov to Dr. and Mrs. Harvey Lithwick on their wedding anniversary by Ellen Lithwick.

### JACOB AND ROSE LANDAU MEMORIAL FUND

Best wishes to Issie Landau for a r'luah sh'lemah by Dorothy and Ben Greenberg.

In memory of Harry Morris's sister Rae by Edie and Issie Landau.

Best wishes to Issie Landau for a r'luah sh'lemah by Dorothy and Herb Nadolny.

### ARNOLD AND ROSE LITHWICK FAMILY FUND

In observance of the Yartzheit of a dear brother-in-law Arnold Lithwick, missed by Ellen Lithwick.

In observance of the Yartzheit of a dear uncle

Arnold Lithwick, missed by Norton, Vicki and Bob.

### JACOB MALOMET MEMORIAL FUND

Mazal Tov to Ruth and Irving Aaron on the engagement of their son Jeffrey by Diana and Alvin Malomet.

### CLAIRE AND THEODORE (TED) METHICK FUND

Best wishes to Irving Rivers for a r'luah sh'lemah by Claire Metrick.

Best wishes to Moe Cardash for a happy birthday by Claire Metrick.

Best wishes to Issie Rose for a happy birthday by Claire Metrick.

In memory of Harry Morris's sister Rae by Claire Metrick.

### DAVE, LOUIS AND LAZ MIRSKY FUND

In memory of Dr. Murray (Buddy) Epstein by Goldie and Elliot Morait.

In memory of Sam Karrel by Goldie and Elliot Morait.

In memory of Harry Dubinsky by Goldie and Elliot Morait.

### NORMAN MIRSKY MEMORIAL FUND

In memory of Tom Sachs by Anne Mirsky.

### JOAN AND KURT ORLIK FAMILY FUND

In observance of the Yartzheit of a beloved mother, grandmother and great-grandmother Joan Orlik by Julie, Jeff, Neil and Gary Fine; by Aaron Orlik; by David and Suzanne Driki; by Mark Orlik; and by Joel Driki.

### OTTAWA MODERN JEWISH SCHOOL FUND

Best wishes to Phyllis and Bill Leith on the engagement of their son Jordan by Kayla and Alvin Mallay.

### ABE AND BERTHA PALMER FAMILY FUND

Best wishes to Abe and Bertha Palmer on their wedding anniversary and best wishes to Abe for a r'luah sh'lemah by Bella and Harry Leikin.

### PAULINE E. PANKOWSKI HOLOCAUST EDUCATION FUND

Best wishes to Naomi Lipsky Cracower on her special birthday by Pauline, Mark and Dafna Pankowski.

### GOLDIE AND ALBERT RIVERS FUND

Best wishes to Albert and Goldie Rivers on their birthdays by Cynthia, Alanna, Julia and Michael Nathanson.

Best wishes to Irving Rivers for a r'luah sh'lemah by Cynthia, Alanna, Julia and Michael Nathanson.

Mazal Tov to Howard and Iboya Goldberg on the engagement of Julia to Sean Guttman by Cynthia, Alanna, Julia and Michael Nathanson.

Mazal Tov to Elsa and Mark Lustman on the engagement of Jeremy by Cynthia, Alanna, Julia and Michael Nathanson.

### HERMAN AND ZELDA RODMAN FUND

In memory of Tom Sachs by Zelda and Herman Rodman.

In observance of the Yartzheit of our dear mother Frieda Rodman by Ida Gaffen, Betty Greenberg and Herman Rodman.

### SAMUEL AND RUTH ROTHMAN MEMORIAL FUND

Mazal Tov to Corinne and Sheldon Taylor on the engagement of their son Andrew to Liz Kaufman by J & D Carlin.

Continued on page 19

## Pauline Gottheil Memorial Fund established

The Officers and Directors of the Ottawa Jewish Community Foundation are pleased to announce the establishment of the Pauline Gottheil Memorial Fund by her daughter and son-in-law, Ellen and Dr. Arthur Leader and their daughter Jordana.

Pauline Gottheil was born in Montreal and lived there with Irving, her husband of 45 years. Her other daughter Susan Reinblatt lives in Montreal with her husband Ellis and

three children, Mara, David and Michael. Pauline Gottheil was involved in the Montreal Jewish community through her work with Hadasah and B'nai Brith. She was committed to family and was a totally devoted wife, mother and grandmother.

The fund will be open-ended and contributions may be made at any time. The interest from the fund will be allocated to selected Jewish charities.

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### SAMUEL AND LILLIAN SASLOVE FUND

Best wishes to Norma Lazear on her special birthday by Dorothy and Maurie Karp.

Best wishes to Dorothy Karp on her birthday by Mom (Lil Saslove).

Best wishes to Dorothy and Maurie Karp on their wedding anniversary by Mom (Lil Saslove). Best wishes to Lil Saslove on her 85th birthday by Rose Marcovitch; by Sheila and Marvin Blackstein; by Doreen and Syd Abrams; and by Hugo Leventel.

### VERA AND SAM SCHWARTZ FUND

In memory of Betty Zitmir by Lillian Cardash and Moe Cardash.

### MAURICE AND GOLDIE SHABINSKY MEMORIAL FUND

Best wishes to Phyllis and Bill Leith on the engagement of their son Jordan by Gloria and Barry Traifoff.

### ARNOLD SHINDER SCHOLARSHIP FUND

Best wishes to Bernie Shinder on his special birthday by Dorothy and Herb Nadodny.

### STELLA AND LOUIS SLACK MEMORIAL FUND

Mazel Tov to Phyllis and Bill Leith on the engagement of their son Jordan by Myra and Lester Aronson.

### MOE AND CHARLOTTE SLACK FUND

Best wishes to Joe Sherkman for a r'tuah sh'lemah by Marlene Levine; and by Charlotte Slack.

In observance of the Yartzheit of a dear husband, father and grandfather Moe Slack by Charlotte Slack; by Marlene Levine; by Sandra Paley; and by Enid Slack, Ron Kanter, Matthew and Deborah.

### JACK AND LINDA SMITH FUND

Best wishes to Irving Rivers for a r'tuah sh'lemah by Jack and Linda Smith.

In memory of Eric Stulberg by Jack and Linda Smith.

### CASEY AND BESS SWEDLOVE FUND

With sincere appreciation to Michael Shapiro by Ellen Litwick.

### SAMUEL AND ANNE TALLER FUND

In memory of Nettie Luks by Rhoda, Jeff, Abbey

and Zach Simbrow.

### SAUL AND FANNY TANNER MEMORIAL FUND

In memory of Joyce Ostroff's father by Linda and Stephen Weiner.

Best wishes to Lloyd Weiner on his birthday by Linda and Stephen Weiner, Lawrence, Brian and Shelley and Carol Anne.

### CHARLES AND ROSE TAYLOR FUND

Mazel Tov to Rose and Chick Taylor on the birth of their grandson by Ethel and Irving Taylor; by Barbara Bleviss and Shawn Marmer and Benjamin; by Edie and Issie Landau; and by Blanche and Joe Osterer.

Mazel Tov to Freda Weisman on the birth of her grandson by Ethel and Irving Taylor.

Mazel Tov to Susan and Jeff Taylor on the birth of their son by aunt Ethel and uncle Irving Taylor.

### ETHEL AND IRVING TAYLOR FUND

Best wishes to Liz Lesh for continued good health by Ethel and Irving Taylor.

Mazel Tov to Dena and Herb Gosewich on the birth of their grandson by Ethel and Irving Taylor.

In memory of Jack Young by Ethel and Irving

Taylor.

In memory of Andre Sima by Ethel and Irving Taylor.

### STEPHEN AND GAIL VICTOR FUND

In memory of Dr. Eric Stulberg by Gail and Stephen Victor.

### HARRY AND RAE WEIDMAN MEMORIAL FUND

Best wishes to Irving Allman for continued good health by Roslyn and Myles Taller.

Best wishes to Larry Dworkin for a speedy recovery by Roslyn, Myles, Jodi, Mayo and Julia.

### JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

Best wishes to Ruth and Irving Aaron on the forthcoming marriage of their son Jeffrey by Sarah Resnick.

In memory of Ben Abrams by Sarah Resnick and family.

Contributions may be made by phoning Kayla Mellay at 789-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. We accept VISA.

## Charitable donations

Since 1994, the federal government has been working on an exercise to reduce program spending in order to take aim at the deficit. As such, one of the areas affected by this savings process is support for charitable enterprises. Recognizing the important role that charities play in our society the government was convinced to make changes to the taxation of charitable donations to allow for more private sector involvement in the funding of charities.

The 1996 Budget on March 6, 1996 introduced modifications to the tax treatment of charitable donations by increasing the annual limit on donations from 20% of net income to 50%. In addition, that limit will be increased to 100% for testamentary

gifts in order to encourage charitable bequests. Finally, in order to prevent taxpayers who make gifts of property other than cash from facing a cash flow impact from such gifts, the rules will be changed to increase the limit over 50% where a gift results in a taxable capital gain to the donor.

The Ottawa Jewish Community Foundation relies heavily both on gifts during a donor's lifetime and in the form of a bequest.

The government is committed to further encourage charitable giving, especially in areas where the government's role is being reduced. Therefore, one can expect further changes to the charitable system to ensure a better environment for charitable giving.

## In Appreciation

The family of the late Dr. Eric Stulberg expresses its sincere gratitude to the Ottawa community for prayers and *Tehillim*, for meals and service of meals, for donations and condolence calls and for countless expressions of support and compassion.

May you be blessed in the merit of your *chesed*.

Moved? Call Alyce Baker (789-7306)

## A HAPPY AND KOSHER PESACH TO ALL OUR FRIENDS AND CLIENTS IN THE COMMUNITY



Martin Toller  
Esplanade Laurier  
567-2100

Marilyn Toller-Waserman  
Head Office  
238-2400

## After the referendum from a Jewish perspective: what next?

There is a lot of misrepresentation and misunderstanding about where Québec and Canada are today. To examine the issues and provide some in-depth political analysis, Agudath Israel and Temple Israel will co-host a program featuring Prof. Gerald Cammy on March 31 entitled "After the referendum from a Jewish perspective: what

next?"

A professor of political science and sociology at Heritage College in Hull, Cammy has been a guest analyst on the Québec political situation for both CTV and CBC.

The program is scheduled to take place at Agudath Israel, 1400 Coldrey Avenue at 10:00 am.

## WHY IS THIS PASSOVER DIFFERENT FROM ALL OTHER PASSOVERS?

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## JEWISH COMMUNITY CALENDAR

MONDAY, MARCH 25	TUESDAY, MARCH 26	WEDNESDAY, MARCH 27	THURSDAY, MARCH 28	FRIDAY, MARCH 29	SATURDAY, MARCH 30	SUNDAY, MARCH 31
Jewish Community Centre Band Practice, Jewish Community Centre, 151 Chapel Street, 7:30 p.m.	Jewish Community Centre Drop-In-Diner, Jewish Community Centre, 151 Chapel Street, noon - 1:30 p.m. Malca Pass Library Book Discussion Group Book Review of "Trotzky, Freud and Woody Allen: Portrait of a Culture", by Ivan Kalmar - Reviewed by Barry Lithwick, Agudath Israel Congregation, 1400 Coldrey Street, 8:00 p.m.	JACS, Jewish Community Centre, 151 Chapel Street, 7:30 p.m. Jewish Community Council/Vaad Ha'ir Board of Trustees Meeting, Jewish Community Centre, 151 Chapel Street, 7:30 p.m.	United Jewish Appeal and Young Women's Leadership Council Gala Celebration, Centrepoinc Theatre, 7:00 p.m.	 CANDLELIGHTING BEFORE 6:00 PM		Cable 22, 2:00 pm. 
MONDAY, APRIL 1	TUESDAY, APRIL 2	WEDNESDAY, APRIL 3	THURSDAY, APRIL 4	FRIDAY, APRIL 5	SATURDAY, APRIL 6	SUNDAY, APRIL 7
Yitzhak Rabin High School Raffle Draw, Mervale High School, 1755 Mervale Road Room D - 109, 12:00 noon. Jewish Community Centre Drop-In-Diner, Jewish Community Centre, 151 Chapel Street, 12 noon - 1:30 pm. Cable 22, 6:00 pm. 			FIRST DAY PESACH	SECOND DAY PESACH  CANDLELIGHTING BEFORE 6:18 PM		

This information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Kayla Mallay, calendar co-ordinator at 789-7306 between 10 am and 4 pm. Accurate details must be provided.

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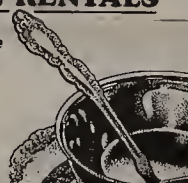
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FOR

MAY 20

MAY 29

FOR

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### Condolences

Condolences are extended to the families of:

Dr. Lawrence Cohen (Montreal) father of Dr. Janice Cohen (Poplove)

Dr. Edgar F. Perry  
Thomas Sachs  
Dr. Moses Siminovitch  
Dr. Eric Stulberg  
May their memories be a blessing.

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